

# Fr. C. Rodrigues Institute of Technology,

# Vashi, Navi-Mumbai

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Tree Plantation drive

2. Venue & Date : Jewel of Navi Mumbai, Nerul, 05/06/2024

3. Number of Student Volunteers : 6

4. Student Coordinator : Abhishek Chavan

**5. Staff Coordinator** : Prof. Rahul Jadhav

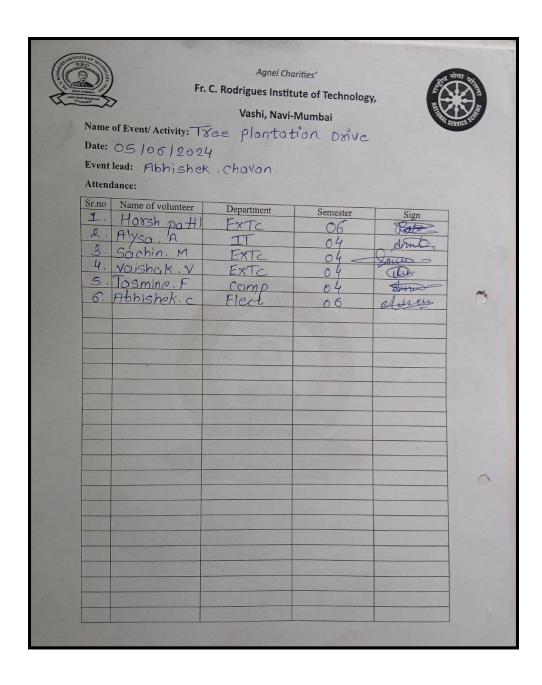
6. Collaborating Agency : Aarogyam

7. Brief Summary of Activity/Event

- **a. Objectives:** NSS FCRIT volunteers conducted a tree plantation drive in collaboration with Aarogyam on 05/06/2024, was to promote environmental sustainability and enhance green cover. The initiative aimed to raise awareness about the importance of trees in combating climate change and improving air quality. Additionally, it sought to engage the community in proactive environmental conservation efforts and foster a sense of responsibility towards nature. The collaboration also intended to strengthen ties between local organizations and volunteers dedicated to ecological preservation.
- b. Description: On World Environment Day, 05/06/2024, NSS FCRIT volunteers in collaboration with Aarogyam and supported by NMMC, conducted a bamboo tree plantation drive at Jewel of Navi Mumbai. The event began with an awareness rally, highlighting the importance of environmental conservation and the benefits of bamboo. Enthusiastic volunteers and community members then planted bamboo saplings, aiming to enhance green cover and promote sustainability. The initiative focused on bamboo's role in erosion control and carbon sequestration. Participants received guidance on proper planting and care techniques. This collaborative effort fostered community spirit and emphasized the significance of collective environmental action. The event concluded with a pledge to continue working towards a greener future.
- **c. Outcomes:** Volunteers gained a profound sense of accomplishment and environmental responsibility after the bamboo tree plantation. They developed practical skills in tree planting and care, fostering a deeper connection to ecological conservation. The initiative also strengthened teamwork and community engagement among the volunteers.
- d. Attendance of Participants:



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai



e. Impact Analysis: The tree plantation drive by NSS FCRIT volunteers positively

# NAVI MUMBAL LOVE YORK RECUBBOUR

# Agnel Charities'

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impacted the environment by increasing green cover and enhancing local biodiversity. The planted bamboo trees contribute to improved air quality and soil erosion control. This initiative also raised environmental awareness within the community, encouraging sustainable practices.

# 8. Geo-tagged Photograph



Volunteers celebrate after successful tree planting



Volunteers nurture Earth by planting trees



Volunteers participated in rally passionately for tree planting



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

CANADA A LA RESTRACT

Staff Coordinator

# TOTAL TOTAL OF TOTAL

#### Agnel Charities'

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## Vashi, Navi-Mumbai

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Yoga Training session (CYP)

2. Venue & Date : Iswardas chunilal Yoga centre, Charni Road,

17/06/2024 to 19/06/2024

3. Number of Beneficiaries : 168

4. Number of Student Volunteers : 2

5. Student Coordinator : Abhishek Chavan and Srushti Bhirud

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : University of Mumbai

8. Brief Summary of Event

- **a. Objectives:** The objective of the Common Yoga Practice Training organized by the University of Mumbai in collaboration with Kaivalyadham on the occasion of International Yoga Day was to educate NSS volunteers in basic yoga techniques. This initiative aimed to enable volunteers to conduct yoga sessions within their respective college premises, thereby promoting the practice and awareness of yoga among students. The training also sought to highlight the physical and mental health benefits of yoga, fostering a holistic approach to well-being. Additionally, it aimed to cultivate a culture of regular yoga practice, enhance mindfulness, and reduce stress among the student community.
- b. Description: From June 17 to 19, 2024, the University of Mumbai organized a yoga training program for NSS volunteers in collaboration with Kaivalyadham. Each day featured practical and theory sessions. Day 1 commenced with an inauguration by IAS officer Manisha Verma, along with Kaivalyadham members. The practical session was followed by a theory session on the history and origin of yoga by Manish Sir, and math tricks by Minoo Sir. On Day 2, after the practical session, Mrs. Shilpa delivered a lecture on yoga anatomy and physiology, followed by a session on diet and nutrition by Mrs. Aruna. On Day 3, after the yoga practice, Anvita Dixit gave a lecture on Ashtanga Yoga, explaining its eight limbs: Yama, Niyama, Pranayama, Pratyahara, Dharana, Dhyana, and Samadhi. Additionally, Mr. Dilip delivered a speech on lifestyle disorders. The sessions enriched



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participants' understanding of comprehensive yoga practices and their relevance to modern health challenges. This comprehensive program aimed to equip volunteers with essential yoga skills and knowledge for conducting sessions in their respective colleges.

c. Outcomes: The NSS volunteers gained essential yoga skills and knowledge from the training, enabling them to conduct sessions at their colleges. They developed a deeper understanding of yoga's history, anatomy, and nutrition. The program enhanced their physical and mental well-being, promoting mindfulness and stress reduction. Volunteers are equipped to foster a culture of regular yoga practice in their communities.

# d. Attendance of Participants:

- 1. Abhishek Chavan
- 2. Srushti Bhirud
- e. Impact Analysis: The yoga training event enhanced NSS volunteers' physical and mental well-being, promoting a healthier lifestyle. It fostered a culture of mindfulness and stress reduction within the university community. The program also encouraged the volunteers to integrate yoga practices into their daily routines and share these benefits with others.

## 9. Geo-tagged Photograph



Inauguration of event by Manisha Verma
(IAS officer)



Lecture on 'Mathematic tricks' by Mr. Minoo



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Theory session on history and origin of yoga by Mr. Manish



Special Screening on story line of Kaivalyadham



**Expert Mrs. Aruna shares insights on diet** and nutrition.



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# 10. Sample Certificate



Rahul Jadhav NSS Program Officer

**Staff Coordinator** 



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#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Yoga Session for Balbhavan

2. Venue & Date : Fr Agnel Balbhavan, Vashi, 19/06/2024

3. Number of Beneficiaries : 24

4. Number of Student Volunteers : 3

5. Student Coordinator : Harsh Gorakh Khairnar

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Event

**a. Objectives:** The National Service Scheme (NSS) unit of FCRIT organized a one-hour yoga session with the objective of promoting student well-being. This initiative aimed to provide a holistic approach to student development, focusing on both physical and mental aspects.

- **b. Description:** The yoga session, led by instructor Mr. Rahul Khandare, was held for the students of Fr. Agnel Balbhavan, Vashi. The session's structure included guided instruction through a series of gentle yoga poses, followed by a period of meditation. The poses were designed to improve flexibility and strength, while the meditation aimed to cultivate mindfulness and relaxation.
- c. Outcomes: The yoga session led to positive outcomes for the participating students. Their enthusiastic participation indicated a keen interest in learning new skills and experiencing the benefits of yoga. The gentle poses likely improved their flexibility and strength, while the meditation component may have helped them relax and cultivate a sense of mindfulness.

### d. Attendance of Participants:

- 1. Harsh Gorakh Khairnar
- 2. Rutuja Kamble
- 3. Radhika Loni
- e. Impact Analysis: This program not only equipped students with new yoga skills



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but also fostered a deeper mind-body connection, potentially improving their overall well-being.

# 8. Geo-tagged Photograph:



**Instructor teaching meditation** 



Instructor teaching various yoga positions



**Letter of Thanking to Instructor** 



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Rahul Jadhav

NSS Program Officer

**Staff Coordinator** 



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#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Yoga day celebration and valedictory ceremony

of yoga training camp

2. Venue & Date : Convocation Hall Fort Campus, Mumbai,

21/06/2024

3. Number of Beneficiaries : 168

4. Number of Student Volunteers : 2

5. Student Coordinator : Abhishek Chavan

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : University of Mumbai

8. Brief Summary of Event

**a. Objectives:** The objective of the International Yoga Day celebration by the University of Mumbai, with NSS volunteers, is to promote the holistic benefits of yoga for physical, mental, and spiritual well-being. The event aims to raise awareness about the importance of yoga in achieving a balanced lifestyle. It seeks to foster community engagement and encourage healthy living practices among students and faculty. Through these activities, the event hopes to strengthen the university's dedication to health and wellness.

- **b. Description:** On the occasion of International Yoga Day, the University of Mumbai conducted a yoga session in the Convocation Hall, Fort. Prior to this celebration, a three-day yoga session was held in collaboration with Kaivalyadhama Yoga Institute, where NSS volunteers learned common yoga protocols. On June 21, 2024, the celebration was graced by the presence of Prof. Ravindra Kulkarni, Vice Chancellor of Mumbai University. The event highlighted the importance of yoga in promoting physical and mental well-being. Participants engaged in various yoga asanas, breathing exercises, and meditation techniques. The session fostered a sense of unity and wellness among students and faculty. It also emphasized the university's commitment to health and holistic development.
- c. Outcomes: The International Yoga Day celebration by Mumbai University



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resulted in increased awareness and practice of yoga among NSS volunteers. It strengthened the university's commitment to holistic health and wellness. Participants reported enhanced physical and mental well-being following the event.

# d. Attendance of Participants:

- 1. Abhishek Chavan
- 2. Srushti Bhirud
- e. Impact Analysis: After completing the three-day yoga session and participating in the International Yoga Day celebration, NSS volunteer's experienced improved physical fitness and mental clarity. They gained a deeper understanding of yoga's benefits and expressed increased motivation to incorporate yoga into their daily routines. This positive experience also fostered a stronger sense of community and well-being among the volunteers.

### 9. Geo-tagged Photograph



Inauguration of International Yoga day celebration by Prof. Ravindra Kulkarni vice Chancellor of Mumbai University





# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

# **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Microgreen Workshop

2. Venue & Date : FCRIT, 26/07/2024

3. Number of Beneficiaries : 28

4. Number of Student Volunteers : 21

5. Student Coordinator :Anjelica Misal and Abhishek Chavan

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brochure/poster



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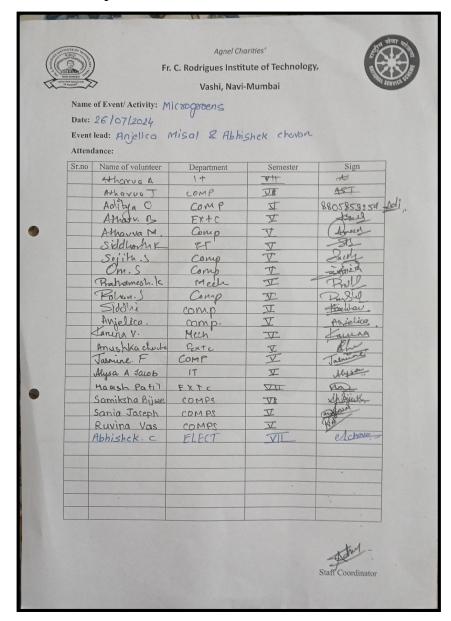
# 8. Brief Summary of Activity/Event

- **a. Objectives:** The objective of the microgreen workshop conducted by NSS FCRIT for college students is to educate participants on the cultivation and benefits of microgreens, enhance their understanding of sustainable gardening practices, promote healthy eating habits, and foster environmental consciousness through hands-on experience and practical knowledge.
- **b. Description:** On July 26, 2024, NSS FCRIT hosted an engaging microgreen workshop for college students, where participants learned about growing and harvesting nutrient-rich microgreens. The event included hands-on sessions, demonstrations on soil preparation, and tips for maintaining optimal growing conditions. Students gained practical skills in sustainable gardening and explored the health benefits of incorporating microgreens into their diets. The workshop aimed to promote environmental awareness and foster a culture of healthy living among the college community.
- c. Outcomes: The microgreen workshop conducted by NSS FCRIT resulted in increased environmental awareness among students, emphasizing the benefits of sustainable gardening practices. Participants gained practical skills in cultivating microgreens, promoting eco-friendly habits and reducing waste. The event encouraged a greater appreciation for green practices and contributed to the college's commitment to environmental sustainability.

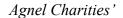


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# d. Attendance of Participants:



e. Impact Analysis: Following the microgreen workshop conducted by NSS FCRIT, students demonstrated enhanced awareness and enthusiasm for sustainable gardening practices. They acquired practical skills in growing microgreens, leading to increased interest in incorporating these practices into their daily lives. The event fostered a sense of environmental responsibility and encouraged students to adopt healthier eating habits. Overall, the workshop positively influenced their attitudes towards sustainability and practical environmental actions.





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# 9. Geo-tagged Photograph



Consultant demonstrates microgreen cultivation to attentive students.



Awarding appreciation letters to guests at event



Students actively participating in hands-on microgreen workshop



Group photo with NSS volunteer,
Program officer and Guest after successful
event





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(National Service Scheme)

# **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Appreciation Card Distribution

2. Venue & Date : Police station, Fire Brigade station and Post

office, Vashi, 15/08/2024

3. Number of Student Volunteers : 13

4. Student Coordinator :Samiksha Bijwe

**5. Staff Coordinator** :Prof. Rahul Jadhav

6. Brief Summary of Activity/Event

- **a. Objectives:** The objective of the event is to recognize and honor the dedication of government servants by presenting them with appreciation letters on Independence Day. This initiative aims to celebrate their hard work and commitment to public service, reinforcing the values of patriotism and community support. By acknowledging their contributions, the event seeks to foster a spirit of gratitude and collaboration between volunteers and government employees. The ceremony also serves to highlight the importance of their roles in building a stronger, more united nation.
- **b. Description:** On August 15, 2024, in celebration of Independence Day, NSS FCRIT volunteers conducted a meaningful event in Vashi to honor local government service providers. The volunteers visited the police station, fire brigade station, and post office to distribute appreciation letters, recognizing the dedication and hard work of the personnel at these crucial institutions. The event aimed to express gratitude for their essential roles in maintaining safety, security, and communication within the community. By acknowledging their efforts on this significant day, the NSS volunteers highlighted the importance of these services and reinforced the spirit of national unity and appreciation.
- **c. Outcomes:** The event successfully strengthened community relations and fostered goodwill between NSS FCRIT volunteers and local government employees. The appreciation letters were warmly received, enhancing the morale of the police, fire brigade, and post office staff. This initiative highlighted the



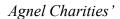
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vital roles these services play and reinforced a sense of national pride and mutual respect. Overall, it achieved its goal of celebrating and acknowledging their dedicated service.

# d. Attendance of Participants:



e. Impact Analysis: The event significantly enhanced community morale by publicly acknowledging the efforts of local government employees, fostering a sense of pride and appreciation. It strengthened the relationship between public servants and residents, reinforcing societal values of gratitude and mutual respect. Additionally, it promoted civic engagement and highlighted the importance of these essential services, contributing to a more cohesive and supportive community.





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(National Service Scheme)

# 7. Geo-tagged Photograph





Card distribution at Fire Brigade Station, Card distribution at Vashi Police station

Vashi



Card distribution at vashi post office

Rahul Jadhav

John

NSS Program Officer

**Staff Coordinator** 



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(National Service Scheme)

# **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Mangrove clean-up

2. Venue & Date :Airoli Biodiversity centre ,18/08/2024

4. Number of Student Volunteers : 4

**5. Student Coordinator** : Abhishek Chavan

**6. Staff Coordinator** :Prof. Rahul Jadhav

7. Collaborating Agency :Beach please

9. Brief Summary of Activity/Event

- a. Objectives: The objective of the mangrove cleanup event at the Airoli Biodiversity Centre was to promote environmental awareness and community engagement in conservation efforts. Volunteers from NSS FCRIT aimed to restore the natural habitat by removing litter and debris, thereby enhancing the ecosystem's health. This initiative sought to educate participants about the importance of mangroves in biodiversity and climate resilience. Additionally, the event fostered teamwork and responsibility among volunteers, encouraging a sense of stewardship towards local natural resources.
- b. Description: On August 18, 2024, NSS FCRIT volunteers participated in a mangrove cleanup at the Airoli Biodiversity Centre, focusing on restoring the vital coastal ecosystem. The event attracted enthusiastic participants who worked together to remove plastic and other debris, significantly improving the area's natural beauty and health. Volunteers received briefings on the importance of mangroves for biodiversity and climate mitigation, fostering a deeper understanding of environmental conservation. The cleanup not only strengthened community bonds but also raised awareness about the critical role of mangroves in supporting wildlife.
- c. Outcomes: The mangrove cleanup at Airoli Biodiversity Centre had a profound impact on NSS FCRIT volunteers. Participants developed a heightened awareness of environmental issues and the critical role of mangroves in ecosystems. Many volunteers reported a strengthened sense of community and



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teamwork, fostering lasting connections. The experience instilled a deeper commitment to conservation efforts and ongoing environmental stewardship.

# d. Attendance of Participants:

- 1. Abhishek Chavan
- 2. Atharva Ambike
- 3. Ivan Thomas
- 4. Arnav Rade
- e. Impact Analysis: The mangrove cleanup at Airoli Biodiversity Centre significantly improved the local environment by reducing plastic and waste accumulation in the ecosystem. This restoration effort enhanced the health of the mangrove habitat, promoting biodiversity and providing better shelter for wildlife. By removing debris, the volunteers helped prevent pollution that can harm aquatic life and water quality. The event also raised awareness about the importance of mangroves in climate resilience and coastal protection. Overall, the cleanup contributed to the long-term sustainability of the area, fostering a healthier and more vibrant ecosystem.



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(National Service Scheme)

# 10. Geo-tagged Photograph



NSS FCRIT volunteer restoring nature together, one piece of garbage.



NSS FCRIT Volunteers with beach please organization

Rahul Jadhav NSS Program Officer

**Staff Co-ordinator** 

# TOTAL TOTAL OF TECHNOLOGY AND MUMBAL INT LOVE FOR RESIDENCE

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# Fr. C. Rodrigues Institute of Technology,

# Vashi, Navi-Mumbai

## **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Health Checkup Camp (FACES)

2. Venue & Date :FCRIT, VASHI, 22nd August 2024

3. Number of Beneficiaries : 184

4. Number of Student Volunteers : 33

5. Student Coordinator :Harsh Patil, Jasmine Fernandes, Anu Sophiya,

Sandra Rodrigues

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : Infigo eyecare hospital, Healthy vision

8. Brochure



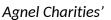


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# 8. Brief Summary of Activity/Event

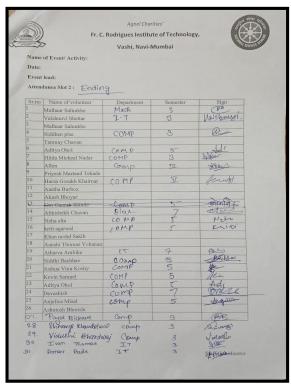
- **a. Objectives:** The Objective of the Health Checkup Camp was to provide convenient access to healthcare services for the college community, promoting early detection of health issues and raising awareness about the importance of regular checkups and healthy lifestyle.
- b. Description: The Health Checkup Camp, a collaborative effort between NSS FCRIT volunteers and doctors from different organization, Vashi such as Healthy Vision, Infigo Eyecare Hospital and few more brought comprehensive healthcare services to our college community. This event featured various health checkups, including Eye Checkup, Blood Sugar Checkup, BMI and fat analysis, Dental Checkup, General physician, Ayurvedic consultation, Hair and Skin Checkup ensuring a holistic approach to healthcare. NSS volunteers played a crucial role in crowd handling, PR activities to promote the event, infrastructure management, and efficient participant registration, Notably, the Health Checkup Camp offered at no cost, ensuring accessibility to all members of our college community.
- c. Outcomes: The Health Checkup Camp successfully facilitated early detection and prevention of health issues, with active participation from students, teachers and staff members. This event helped create a heightened awareness of the significance of regular health checkups and encourages a culture of proactive healthcare seeking within the community. Additionally, it strengthened the sense of social responsibility and community engagement among NSS volunteers of FCRIT.





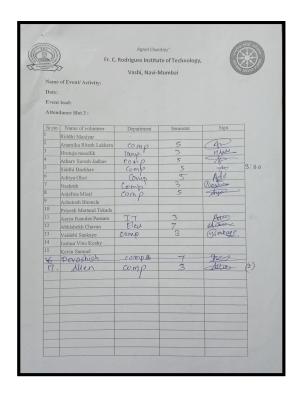
# d. Attendance of Participants:







# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai



e. Impact Analysis: It created awareness and educated people about health camp. It promoted preventive healthcare and made people aware about their health conditions. Participation was seen from all age groups, giving the event a positive response.

# 9. Geo-tagged Photograph::





Students examine their teeth for health

Students check their vision for clarity



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Students track their BMI for wellness

Rahul Jadhav

NSS Program Officer

**Staff Coordinator** 



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(National Service Scheme)

# **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sanitary Pad Donation Drive

2. Venue & Date : FCRIT, (21/08/2024 to 23/08/2024)

3. Number of Beneficiaries : 5004. Number of Student Volunteers : 12

5. Student Coordinator : Namrata Patil

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency :-

8. Brochure/poster



## 9. Brief Summary of Activity/Event

**a.** Objectives: A sanitary pad donation drive has several key goals. First, it provides essential menstrual products to people who need them, helping them stay healthy and comfortable. It also aims to prevent health problems that can come from poor menstrual hygiene and ensures that everyone can maintain their dignity during their period. The drive helps reduce missed days at school or work because of a lack of supplies. Additionally, it raises awareness about menstrual health, promoting better understanding and support in the community.



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### b. Description:

The NSS volunteers of FCRIT organized a sanitary pad donation drive as part of their "Break the Barrier" initiative, aimed at addressing menstrual hygiene challenges. The event focused on providing sanitary pads to underprivileged individuals, helping to ensure that no one misses school or work due to a lack of menstrual products. By distributing these essential supplies, the volunteers promoted health, dignity, and empowerment among the recipients. The initiative also raised awareness about the importance of menstrual hygiene, breaking stigmas associated with it. Through collective effort, the drive fostered community solidarity, making a meaningful impact on both the volunteers and those they served.

#### c. Outcomes:

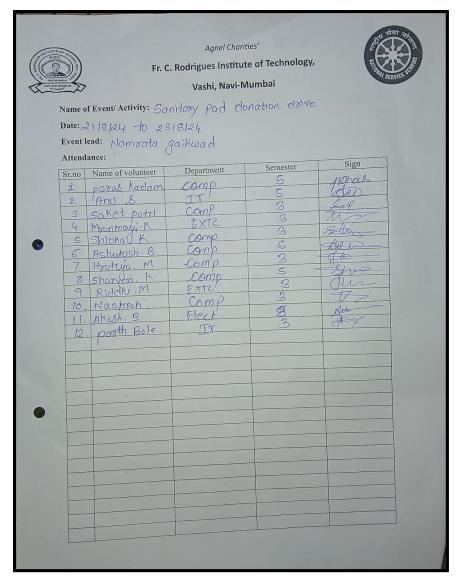
The NSS unit of FCRIT successfully conducted a sanitary pad donation drive, providing much-needed menstrual hygiene supplies to individuals in need. This initiative helped improve access to essential products, promoting better health and dignity among recipients. The event fostered a sense of community support and raised awareness about menstrual hygiene. It also encouraged ongoing participation in similar social causes.



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(National Service Scheme)

# d. Attendance of Participants:



#### e. Impact Analysis:

The Sanitary Pad Donation Drive has effectively improved access to menstrual products, leading to better health and reduced risk of infections for recipients. It has enhanced personal dignity and self-esteem, strengthened community solidarity, and raised awareness about menstrual hygiene issues. Overall, the drive has created significant positive change and lasting impact in the community.

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#### 10 Geo-tagged Photograph



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FCRIT students supporting health with sanitary pad donations

Rahul Jadhav NSS Program Officer

John

Staff Coordinator



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(National Service Scheme)

# **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Book Jhola

2. Venue & Date : FCRIT, 21/09/2024 to 23/09/2024

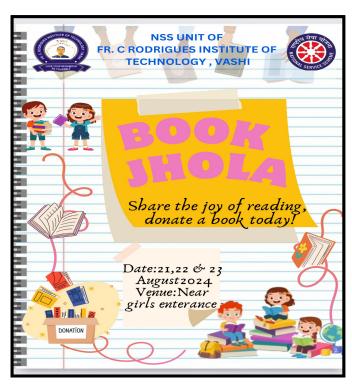
3. Number of Beneficiaries : 65

4. Number of Student Volunteers : 15

5. Student Coordinator : Preet Bhusare

**6. Staff Coordinator** : Prof. Rahul Jadhav

8. Brochure/poster



## 9. Brief Summary of Activity/Event

# a. Objectives:

Promoting literacy through book donations encourages reading and learning by giving students and the community access to a diverse range of materials. It fosters a culture of sharing, where individuals pass on knowledge by donating books they no longer need. These donations also support underprivileged students, ensuring they have access to essential textbooks and reading materials. By reusing and recycling books, the initiative promotes sustainability and reduces waste, preventing valuable resources from being discarded.



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(National Service Scheme)

## b. Description:

The "Book Jhola" book donation event was a three-day initiative organized during the Faces by NSS FCRIT aimed at promoting literacy and the joy of reading within our campus community. The event encouraged students, faculty, and staff to donate books of all genres, including textbooks, novels, and non-fiction. "Book Jhola" successfully brought the campus community together, creating a vibrant atmosphere where the love for books and learning was celebrated. By the end of the event, a substantial number of books had been collected, which will be redistributed to those in need, fostering a culture of reading and learning beyond the confines of the campus. This initiative highlighted the power of collective effort in making a positive impact on society.

#### c. Outcomes:

The "Book Jhola" event successfully collected a substantial number of books, reflecting the generosity and community spirit of the participants. The diverse range of books will soon benefit schools, libraries, or underprivileged communities, promoting literacy and spreading knowledge. Once donated, these books will create educational opportunities for those in need, inspiring future generations of readers and learners. The event has laid the foundation for lasting positive impact within the community and beyond.

### d. Attendance of Participants:



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

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M Name!	Vashi, Navi-	Mumbai	
Name of Event/Activity: Bo	ok Jhola		
Date: 21/9/24 to 2	319124		
Event lead: Preet B			
Attendance:			
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3 Showan	comp	5	Don
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#### e. Impact Analysis:

The "Book Jhola" event successfully raised awareness about the importance of reading and education, sparking conversations and motivating more people to support literacy efforts. With a significant collection of books gathered, these resources will soon benefit underserved communities, enhancing educational opportunities. The event's success has laid a foundation for future initiatives, inspiring participants to contribute more through donations or volunteer work. Additionally, the event bolstered the college's reputation, showcasing its commitment to social responsibility.



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(National Service Scheme)

10 Geo-tagged Photograph

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**Students of FCRIT donating books** 

Rahul Jadhav

John

NSS Program Officer



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#### Vashi, Navi-Mumbai

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Prabhadevi Beach Clean-Up

2. Venue & Date : Prabhadevi Beach, 24/08/2024

4. Number of Student Volunteers : 11

5. **Student Coordinator** : Akash Bhoyar

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : Beach warriers

9. Brief Summary of Activity/Event :

a. Objectives: The objective of the NSS FCRIT volunteers' beach cleanup at Prabhadevi was to raise awareness about the harmful effects of plastic and other waste on marine life and the environment. Through this initiative, they aimed to foster community responsibility towards cleanliness and sustainability. By actively engaging in the removal of litter, they contributed to the preservation of the beach ecosystem. The event also served as a platform for educating people about the importance of waste segregation and proper disposal.

- **b. Description:** On 24th September 2024, NSS FCRIT volunteers conducted a beach cleanup drive at Prabhadevi to tackle the growing issue of marine pollution. The volunteers worked diligently to remove plastic waste, bottles, and other debris from the shoreline, improving the beach's cleanliness. The event aimed to raise awareness about the importance of protecting coastal ecosystems and promoting responsible waste disposal. Students and local residents participated enthusiastically, making the initiative a success.
- c. Outcomes: The beach cleanup event at Prabhadevi had a profound impact on the NSS FCRIT volunteers, fostering a sense of responsibility towards environmental conservation. Through hands-on participation, they gained a deeper understanding of the harmful effects of pollution on marine ecosystems. The experience enhanced their teamwork, leadership, and organizational skills as they worked together to achieve a common goal. It also instilled a stronger commitment to sustainability and inspired many to

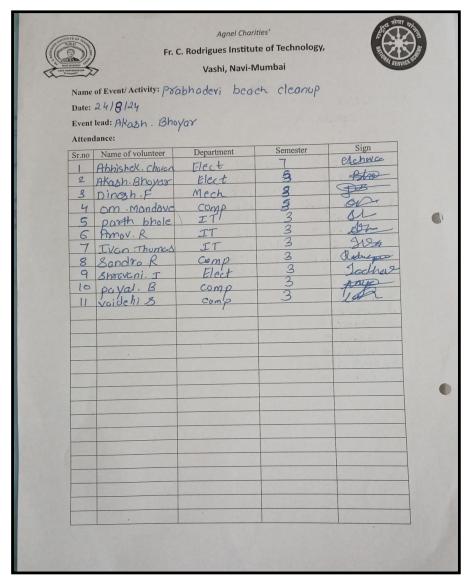


# Fr. C. Rodrigues Institute of Technology,

## Vashi, Navi-Mumbai

adopt eco-friendly habits in their daily lives.

d. Attendance of Participants:



e. Impact Analysis: The beach cleanup at Prabhadevi by NSS FCRIT volunteers had a positive impact on the local environment, significantly reducing the amount of plastic and non-biodegradable waste on the shore. This helped improve the health of the marine ecosystem by preventing harmful materials from entering the ocean, protecting marine life from potential hazards like entanglement or ingestion of waste. The removal of litter also enhanced the aesthetic appeal of the beach, making it a cleaner and safer space for both wildlife and visitors.

#### 10. Geo-tagged Photograph



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai



NSS FCRIT volunteers united for cleaner beaches



NSS FCRIT volunteers celebrate successful beach cleanup

John

Rahul Jadhav NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Teacher's day card distribution.

2. Venue & Date : Fr. C. Rodrigues Institute of Technology,

Vashi, 5/09/2024

3. Number of Student Volunteers : 4

4. Student Coordinator : Ruvina Alfred Vas

**5. Staff Coordinator** : Mr. Rahul Jadhav

6. Brief Summary of Activity/Event

a. Objectives: The primary objective of this event was to express our heartfelt appreciation for the dedication and guidance provided by our teachers. By distributing personalized greeting cards, we aimed to celebrate Teacher's Day in a meaningful and thoughtful manner, reinforcing the bond between students and faculty.

- **b. Description:** On 5th September, as part of the NSS initiative, we organized a greeting card distribution for teachers. The activity began at 9:00 AM, with a team of 4 volunteers who were responsible for distributing the cards across the campus. Each card contained a message of gratitude, acknowledging the contributions of the teachers towards shaping students' futures. The volunteers worked efficiently to ensure that the cards were delivered with respect and appreciation.
- c. Outcomes: By personally expressing appreciation to their teachers, volunteers developed a stronger connection with the faculty and gained a deeper understanding of the impact teachers have on their lives. The initiative was successful in creating a positive atmosphere on campus, where students and teachers alike felt acknowledged and appreciated

#### d. Attendance of Participants:



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

	TEACHER'S DAY CARD DISTRIBUTION
2) 3)	Ruvina Vas (sem 5) Sania Joseph (sem 5) kevin Samuel (sem 5) Sahil khopkar (sem 3)

**e. Impact Analysis:** This initiative had a positive impact on both the students and teachers. The distribution of cards was a small yet significant gesture that strengthened the student-teacher relationship. The teachers appreciated the effort, and the volunteers gained valuable experience in organizing and conducting events that contribute to community building and appreciation.

## **Geo-tagged Photographs:**



NSS FCRIT Volunteers and Program Officer distributing cards to Director of FCRIT



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)





Dedicated NSS FCRIT volunteers celebrating teachers day with faculty of FCRIT

Rahul Jadhav

John

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sports Day for Balbhawan Students

**2. Venue & Date** :Fr.C. Rodrigues Institute of technology,

05/09/2024

3. Number of Beneficiaries : 23

4. Number of Student Volunteers : 17

5. Student Coordinator : Satvika Kolli

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Activity/Event :

- **a. Objectives:** The objective of the Sports Day event organized by FCRIT NSS volunteers for Balbhawan students was to foster physical activity, teamwork, and enthusiasm for sports among the children. Through a range of games and competitions, the event aimed to provide an opportunity for students to develop skills, boost confidence, and experience a sense of achievement. Additionally, it sought to encourage a spirit of inclusivity and community bonding, while helping NSS volunteers gain practical experience in organizing and mentoring.
- **b. Description:** On September 5, 2024, NSS volunteers from FCRIT organized a spirited Sports Day for Balbhawan students, fostering enthusiasm and sportsmanship. The event featured a variety of games and activities tailored to different age groups, encouraging teamwork and physical fitness. Volunteers guided and motivated the children, creating a joyful and inclusive atmosphere. The day concluded with rewarding participants, recognizing their efforts and fostering self-confidence. This memorable day not only celebrated sports but also strengthened the bond between NSS volunteers and the community.
- c. Outcomes: The Sports Day organized by FCRIT NSS volunteers for Balbhawan students achieved a positive impact by fostering a love for physical activity and teamwork among the children. Participants displayed increased confidence and enthusiasm, engaging actively in each game. The event strengthened the connection between the students and volunteers, creating a joyful and inclusive atmosphere. Volunteers gained valuable experience in event planning and

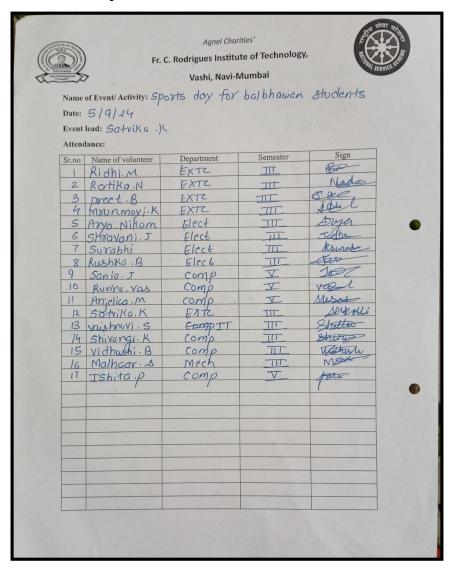


# An Autonomous Institute Permanently affiliated to University of Mumbai

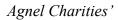
(National Service Scheme)

mentoring, enhancing their sense of social responsibility.

d. Attendance of Participants:



e. Impact Analysis: The Sports Day for Balbhawan students had a transformative impact on FCRIT NSS volunteers, enhancing their leadership and organizational skills. Through planning and managing various activities, volunteers gained practical experience in teamwork, communication, and problem-solving. The event deepened their empathy and sense of social responsibility as they connected with the students, understanding their needs and perspectives. By serving as mentors, volunteers felt a renewed sense of purpose and community involvement.





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(National Service Scheme)

# 8. Geo-tagged Photograph



NSS FCRIT volunteers guide Balbhawan students in sports



NSS FCRIT volunteers celebrate together after Sports Day

Rahul Jadhav

John

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Ganpati Visarjan crowd management

2. Venue & Date : Jagruteshwar shiv mandir, Vashi,

12/09/2024 and 17/09/2024

3. Number of Student Volunteers : 56

4. Student Coordinator : Priyesh Tekade and Vaishnuvi Shettar

5. Staff Coordinator : Prof. Rahul Jadhav

6. Collaborating Agency : NMMC

7. Brochure/poster



#### 8. Brief Summary of Activity/Event

**a. Objectives:** The event aimed to assist Mumbai Police in managing large crowds during the Ganpati Visarjan in Vashi, ensuring a smooth and secure flow of devotees. NSS volunteers helped regulate movement, preventing congestion and supporting traffic control to maintain order. Their presence enhanced public safety and readiness for emergency situations, allowing devotees to perform rituals peacefully. This initiative also provided volunteers with hands-on experience in crowd management and public service,



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strengthening their commitment to community support and collaboration with local authorities.

- b. Description: On 12th and 17th September 2024, NSS FCRIT volunteers collaborated with Mumbai Police to manage the crowd and conduct Nirmalya (floral offerings) collection during Ganpati Visarjan in Vashi. Volunteers guided the large number of devotees, ensuring smooth movement and safety, while assisting in traffic management to avoid congestion. Additionally, they collected Nirmalya, promoting eco-friendly practices by encouraging devotees to responsibly dispose of floral waste.
- c. Outcomes: The crowd management and Nirmalya collection by NSS FCRIT volunteers during Ganpati Visarjan in Vashi positively impacted the environment. By collecting floral waste, the team reduced pollution in water bodies, promoting eco-friendly disposal practices among devotees. Volunteers' efforts helped minimize littering, keeping public spaces cleaner and preserving the area's natural surroundings.

#### d. Attendance of Participants:

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# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

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	Telita Patil	Comp	5	Isla
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# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

e. Impact Analysis: Participating in crowd management and Nirmalya collection during Ganpati Visarjan allowed NSS FCRIT volunteers to develop essential skills in teamwork, leadership, and public assistance. Collaborating with Mumbai Police, they gained firsthand experience in handling large crowds, responding to challenges, and ensuring public safety. The event strengthened their sense of responsibility and commitment to community service, enhancing their understanding of cultural traditions and environmental stewardship.

# 9. Geo-tagged Photograph





NSS volunteers assist NMMC in Nirmalya collection

NSS volunteers ensure smooth crowd flow at Visarjan

Rahul Jadhav

John

NSS Program Officer



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Post-Visarjan Cleanup

2. Venue & Date : Girgaon Chowpatty, 18/09/2024

3. Number of Student Volunteers : 11

4. Student Coordinator : Harsh Gorakh Khairnar

**5. Staff Coordinator** : Mr. Rahul Jadhav

**6.** Collaborating Agency : Change Is Us

7. Brochure/poster



#### 8. Brief Summary of Activity/Event

- **a. Objectives:** The NSS unit of FCRIT organized a post-Visarjan cleanup drive at Girgaon Chowpatty beach to promote environmental awareness, contribute to the preservation of the marine ecosystem, and foster a sense of community and civic engagement among the students.
- **b. Description:** In collaboration with the 'Change is Us' organization, the NSS unit of FCRIT organized a post-Visarjan cleanup drive at Girgaon Chowpatty beach on September 18, 2024. The event took place from 4 to 6 PM, with a dedicated team of volunteers actively participating. The volunteers collected waste, debris, and plastic materials from the beach, contributing to its restoration and cleanliness.

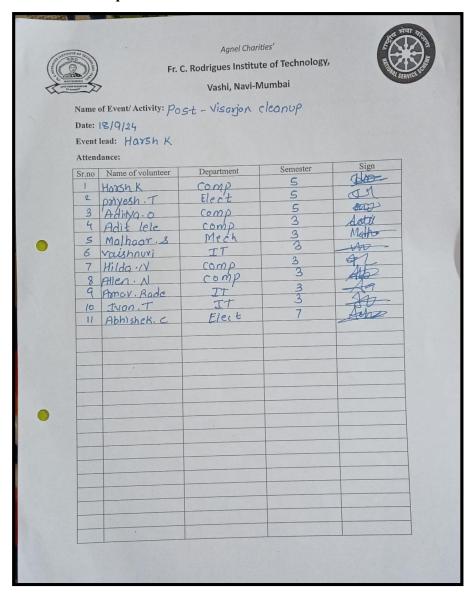


# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

c. Outcomes: The cleanup drive resulted in a significant reduction in waste and debris on Girgaon Chowpatty beach, positively impacting the marine ecosystem and overall environmental health. Additionally, the event enhanced awareness among NSS FCRIT volunteers about environmental issues and their responsibility, while also strengthening their sense of community and civic engagement.

#### d. Attendance of Participants:



**e. Impact Analysis:** The cleanup drive had a significant impact on the environment, reducing pollution and preserving the marine ecosystem. The event also fostered a greater sense of environmental responsibility among the participants, promoting a more sustainable future.



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

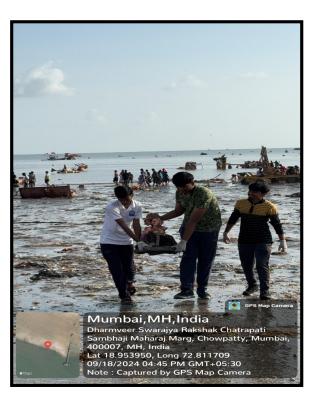
# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

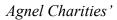
9. Geo-tagged Photograph



NSS FCRIT volunteers proudly celebrate beach cleanup



NSS FCRIT volunteers removing Ganesh idols responsibly





# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)



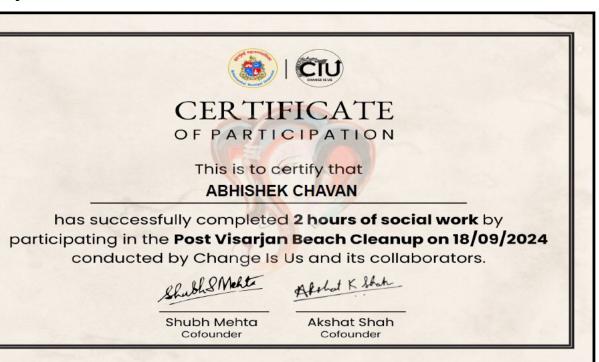
NSS FCRIT volunteers clearing waste for environment



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### 10. Sample certificate:



Rahul Jadhav

total

NSS Program Officer



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Mount mary feast crowd management

2. Venue & Date : Bandra, 15/09/2024

3. Number of Student Volunteers : 17

4. **Student Coordinator** : Ashutosh Bhonsale and Krishna Thusoo

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brochure/poster :



#### 7. Brief Summary of Activity/Event

**a. Objectives:** The objective was to assist in managing the large crowds during the Mount Mary Feast, ensuring a safe and organized environment for all attendees. NSS FCRIT volunteers aimed to facilitate smooth movement and minimize congestion at key points. Their role included supporting traffic management and providing information to visitors, enhancing their experience. Volunteers also



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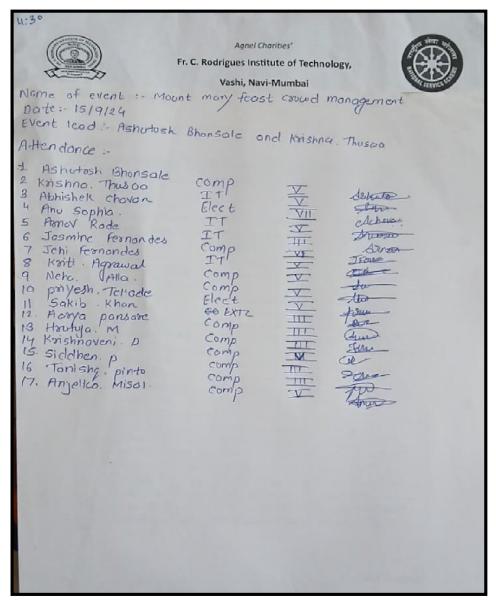
focused on promoting public safety and readiness for emergencies. By engaging with the community, they fostered a spirit of cooperation and mutual respect.

- **b. Description:** On 15th September 2024, NSS FCRIT volunteers collaborated with Mumbai Police to manage the large crowds during the Mount Mary Feast. Volunteers were strategically positioned to guide attendees, ensuring smooth movement and preventing congestion at critical areas. Their efforts included assisting with traffic management and providing information to visitors, enhancing the overall experience. By working closely with local authorities, the volunteers helped maintain safety and order throughout the event. This initiative fostered a sense of community and cooperation among attendees, contributing to the festive atmosphere.
- **c. Outcomes:** By encouraging attendees to dispose of waste properly and promoting the use of eco-friendly materials, the volunteers helped reduce littering and pollution in the area. Their presence ensured that the surroundings remained clean, minimizing the impact on local wildlife and ecosystems.



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

d. Attendance of Participants:



e. Impact Analysis: The NSS FCRIT volunteers gained valuable experience in crowd management and public safety during the Mount Mary Feast. Working alongside Mumbai Police, they developed teamwork and communication skills while managing large groups of attendees. This hands-on involvement instilled a sense of responsibility and civic duty among the volunteers. They learned to handle challenging situations with composure, enhancing their problem-solving abilities. The experience fostered a deeper connection with the community and appreciation for local traditions.

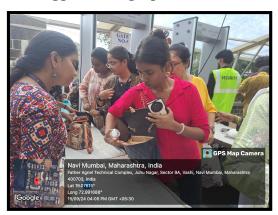


# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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(National Service Scheme)

# 8. Geo-tagged Photograph



NSS FCRIT volunteers checking bags for safety



NSS FCRIT volunteers managing crowds at Mount Mary

- Jahrel

Rahul Jadhav

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sexual Violence Awareness Skit

**2.** Venue & Date : Fr. C. Rodrigues Institute of Technology, Vashi,

24/09/2024

3. Number of Student Volunteers : 20

**4. Student Coordinator** : Aastha burboz and Wynona Toby

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brochure/poster



#### 7. Brief Summary of Activity/Event

a. Objectives: The objective was to raise awareness about sexual violence, addressing its impact and encouraging a supportive campus environment. Through this street play, NSS FCRIT volunteers aimed to educate students on recognizing signs of harassment and understanding consent. The performance focused on breaking stigmas around discussing sexual violence, empowering students to speak up and seek help. Volunteers also aimed to highlight the importance of bystander intervention, fostering a sense of responsibility among peers.

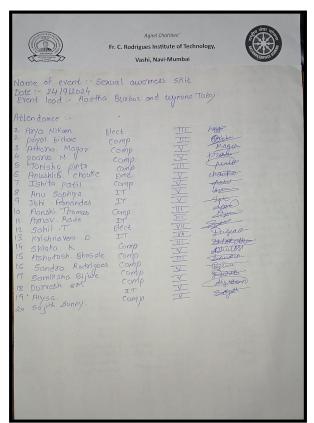


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(National Service Scheme)

- **b. Description:** On 24th September 2024, NSS FCRIT volunteers performed a street play on campus addressing the topic of sexual violence. The play featured two scenes: in the first, a girl faced harassment with no intervention, highlighting the bystander effect. In the second, similar harassment occurred, but this time, people around her raised their voices in support, showing the impact of intervention. The performance aimed to raise awareness about the importance of taking action against harassment and empowering students to speak up.
- c. Outcomes: The street play on sexual violence created a ripple effect across the campus, fostering a heightened awareness and sensitivity in the community. Students and staff alike became more conscious of the importance of addressing harassment openly, resulting in a more supportive and watchful environment. Conversations sparked by the play encouraged individuals to reflect on their roles in preventing violence and promoting respect. The event helped build a safer campus culture, empowering bystanders to act and reducing tolerance for harassment.

#### d. Attendance of Participants:



e. Impact Analysis: Performing the street play on sexual violence had a profound



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#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

impact on NSS FCRIT volunteers, enhancing their awareness and empathy toward the issue. By depicting real-life scenarios, volunteers developed a deeper understanding of the effects of harassment and the importance of intervention. This experience strengthened their commitment to creating a safer campus and motivated them to advocate for bystander action. Volunteers also improved their communication skills, learning to convey sensitive topics effectively.

#### 8. Geo-tagged Photograph



NSS FCRIT volunteers perform impactful street play

Rahul Jadhav

John

NSS Program Officer



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

## **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Swachha Bharat seminar for Fr agnel school

2. Venue & Date : Fr. Agnel Multipurpose School and Jr College,

Vashi, 28/09/2024

3. Number of Beneficiaries : 120

4. Number of Student Volunteers : 17

**5. Student Coordinator** : Ishita Patil and Arya Nikam

**6. Staff Coordinator** : Prof Rahul Jadhav

7. Brief Summary of Activity/Event

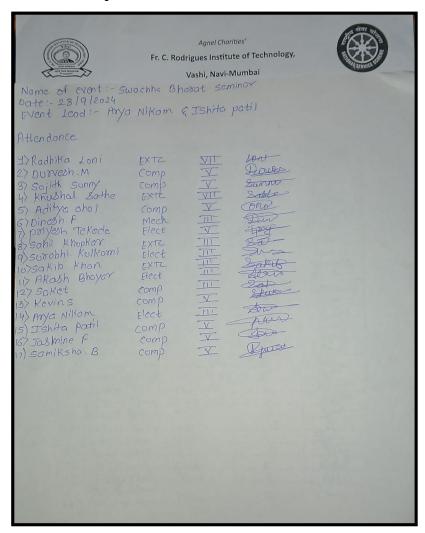
- **a. Objectives:** The seminar aimed to educate young students about the Swachh Bharat mission, promoting awareness of cleanliness and hygiene. NSS FCRIT volunteers sought to instill responsibility for maintaining clean surroundings and healthy habits in daily life. Through interactive activities, they encouraged students to understand waste segregation and its benefits. The session aimed to make students aware of their role in creating a cleaner, greener community.
- b. Description: On 28th September 2024, NSS FCRIT volunteers conducted an engaging seminar on the Swachha Bharat mission for 4th and 5th-grade students at Fr. Agnel Multipurpose School, Vashi. Through interactive discussions and activities, volunteers taught students about cleanliness, hygiene, and the importance of waste segregation. The session emphasized students' roles in maintaining clean surroundings and adopting healthy habits. Fun quizzes and practical examples helped students connect with the mission, inspiring them to take responsibility for a cleaner environment.
- c. Outcomes: The seminar on Swachh Bharat by NSS FCRIT volunteers sparked a positive change within the school and its surroundings. Students became more mindful about cleanliness, actively participating in keeping their classrooms and playground litter-free. The awareness fostered by the seminar also led to students encouraging one another to dispose of waste properly and practice hygiene. Teachers and staff noticed an improvement in students' habits, reinforcing a



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cleaner, more organized environment.

d. Attendance of Participants:



e. Impact Analysis: The Swachh Bharat seminar organized by NSS FCRIT volunteers had a noticeable impact on the school and surrounding community. Students adopted cleaner habits, leading to tidier classrooms, playgrounds, and school premises. Their enthusiasm for waste segregation and hygiene extended to their homes, where they encouraged family members to follow similar practices. Teachers reported a visible increase in students' respect for cleanliness and shared spaces, creating a more pleasant and organized environment.

#### 8. Geo-tagged Photograph



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)



NSS FCRIT volunteers unite after successful seminar



NSS FCRIT volunteers lead an informative seminar

Rahul Jadhav

John

NSS Program Officer



# An Autonomous Institute Permanently affiliated to University of Mumbai

#### (National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Pledge on Swachata Hi Seva

2. Venue & Date : Fr. C Rodrigues Institute of Technology, Vashi

and 26th September 2024

3. Number of Student Volunteers : 38

4. **Student Coordinator** : Atharva Ambike and Karuna Chaugula

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brief Summary of Activity/Event

- a. Objectives: The objective is to inspire participants to take ownership of their role in creating a healthier, greener, and more hygienic community, ultimately leading to a better quality of life for all. The Swacchta Hi Seva Pledge aims to foster a sense of responsibility and commitment towards cleanliness and environmental preservation. It seeks to raise awareness about the significance of maintaining clean surroundings in both personal and public spaces. The pledge encourages individuals to actively contribute to a cleaner environment by adopting sustainable practices such as waste segregation, reducing plastic usage, and promoting recycling.
- b. Description: The Swacchta Hi Seva Pledge event was successfully conducted, bringing together individuals from various backgrounds, all united by a common goal of promoting cleanliness and environmental sustainability. The volunteers took a collective pledge to maintain cleanliness in their personal and community spaces, with a focus on waste segregation, recycling, and reducing plastic usage. The event was graced by community leaders who emphasized the importance of personal responsibility and how united efforts can lead to a cleaner, healthier environment. The pledge inspired participants to adopt sustainable practices, and the event concluded with a shared commitment to continue advocating for a cleaner and greener future.
- c. Outcomes: The Swachhata Hi Seva pledge event successfully motivated participants to commit to cleanliness, reduce littering, and engage in waste

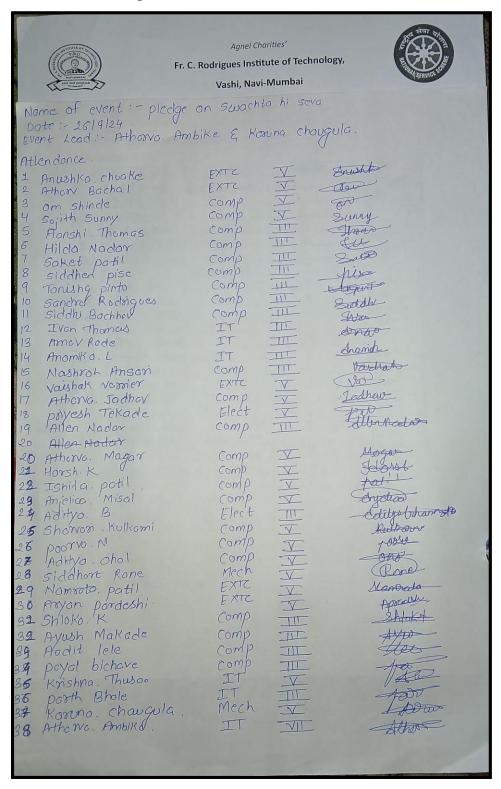


### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

management. It fostered a sense of civic responsibility, encouraging collective action for cleaner, healthier communities and a more sustainable environment.

#### d. Attendance of Participants:





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(National Service Scheme)

e. Impact Analysis: The "Swachhata Hi Seva" pledge event creates a positive impact by encouraging individuals to adopt cleaner habits and take responsibility for their surroundings. It promotes active participation in cleanliness drives, demonstrating that collective efforts can transform public spaces. By highlighting the connection between cleanliness and public health, the event raises awareness about hygiene's role in disease prevention. Additionally, it fosters environmental responsibility by promoting sustainable practices like waste management, contributing to a cleaner, healthier, and more conscientious society.

#### 7. Geo-tagged Photograph



NSS FCRIT volunteers unite for a post-pledge photo

Rahul Jadhav

John

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Vashi Highway cleanup

2. **Venue & Date** : Vashi Highway, 29/09/2024

3. Number of Student Volunteers : 27

4. Student Coordinator : Shloka Kharbajan and Ayush Makade

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Collaborating Agency : NMMC

7. Brochure/poster



#### 8. Brief Summary of Activity/Event

- **a. Objectives:** The objective was to reduce litter and restore cleanliness along the Vashi Highway, promoting environmental awareness and responsibility. NSS FCRIT volunteers aimed to remove waste, improve the aesthetic appeal of the area, and ensure safer surroundings for commuters and pedestrians. The initiative sought to raise public awareness about the impact of littering and encourage the local community to contribute to cleanliness efforts. Volunteers also aimed to inspire sustainable habits, like waste segregation and responsible disposal.
- b. Description: On 29th September 2024, NSS FCRIT volunteers organized a clean-up drive along the Vashi Highway, working to clear litter and restore the area's cleanliness. Armed with gloves and bags, volunteers collected plastic, paper, and other waste, improving both the appearance and safety of the highway for commuters and pedestrians. The initiative aimed to raise awareness about the

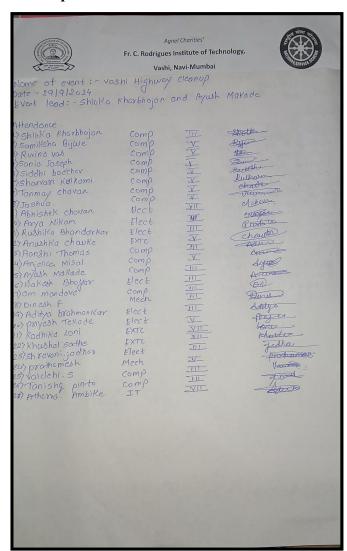


# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

impact of littering, inspiring the local community to adopt responsible waste disposal practices.

c. Outcomes: The clean-up drive on Vashi Highway led to a visibly cleaner, more pleasant environment, reducing litter and potential pollutants in the area. By removing plastic and non-biodegradable waste, NSS FCRIT volunteers helped prevent harmful runoff into nearby ecosystems, benefiting local wildlife and plants. The improved aesthetics of the highway encouraged community members to keep the area clean, fostering collective responsibility. The event also highlighted the importance of sustainable waste disposal, inspiring locals to adopt eco-friendly practices.

#### d. Attendance of Participants:





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(National Service Scheme)

e. Impact Analysis: The clean-up event on Vashi Highway significantly impacted the NSS FCRIT volunteers, enhancing their sense of responsibility and commitment to environmental stewardship. Working together fostered teamwork and collaboration, strengthening bonds among volunteers. Participants developed practical skills in waste management and learned the importance of sustainability in their community. The experience instilled a sense of pride in contributing to a cleaner environment and positively impacted their awareness of local ecological issues. Volunteers expressed increased motivation to participate in future environmental initiatives, reinforcing their role as active agents of change within the community.

### 9. Geo-tagged Photograph



NSS FCRIT volunteers in action during highway cleanup



NSS FCRIT volunteers celebrate success after highway cleanup

Rahul Jadhav

John

NSS Program Officer



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sanitary pad disposal Demonstration

2. Venue & Date : Fr. C Rodrigues Institute of Technology, Vashi,

30/09/2024

3. Number of Student Volunteers : 17

4. Student Coordinator : Vidhushi Bhardhwaj

5. Staff Coordinator : Prof Rahul Jadhav

6. Brief Summary of Activity/Event :

- **a. Objectives:** The objective was to educate students on the importance of safe and eco-friendly sanitary pad disposal practices. NSS FCRIT volunteers aimed to raise awareness about the environmental impact of improper disposal and provide guidance on hygienic methods. The demonstration sought to inform students about available disposal systems, encouraging the use of biodegradable or designated disposal solutions. By promoting responsible habits, the event aimed to reduce waste and contamination issues within the campus.
- **b. Description:** On 30th September 2024, NSS FCRIT volunteers conducted a sanitary pad disposal demonstration on campus to promote safe, eco-friendly disposal practices. The session educated students on the environmental impact of improper sanitary waste disposal and introduced hygienic disposal methods. Volunteers demonstrated the use of biodegradable products and specialized disposal bins, encouraging students to adopt these practices. The event also addressed menstrual health openly, helping to reduce stigma around the topic.
- **c. Outcomes:** The sanitary pad disposal demonstration created a noticeable shift in campus waste management, with students increasingly using designated bins and adopting eco-friendly disposal practices. This contributed to a cleaner, more hygienic environment in restrooms and common areas. The event raised awareness about the environmental impact of sanitary waste, motivating students to be mindful of their disposal habits. The open discussion reduced stigma around menstrual health, fostering a more supportive atmosphere on campus.



# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

d. Attendance of Participants:

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e. Impact Analysis: Conducting the sanitary pad disposal demonstration empowered NSS FCRIT volunteers with greater knowledge about sustainable waste practices and menstrual health. Preparing for the event enhanced their research, communication, and public-speaking skills as they shared important information with peers. Volunteers became more aware of the environmental impact of sanitary waste and the importance of advocating for responsible disposal methods.



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(National Service Scheme)

# 7. Geo-tagged Photograph



NSS FCRIT volunteer educating on sanitary pad disposal



NSS FCRIT volunteers unite after sanitary disposal seminar

Rahul Jadhav

John

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Swachata he Seva skit

**2.** Venue & Date : Fr. C. Rodrigues Institute of Technology, Vashi,

01/10/2024

3. Number of Student Volunteers : 21

4. Student Coordinator : Sandra Rodrigues and Payal Bichave

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brief Summary of Activity/Event :

- **a. Objectives:** The objective was to promote the Swachh Bharat mission, highlighting the importance of cleanliness and community responsibility. Through this street play, NSS FCRIT volunteers aimed to educate students on the impact of individual actions on public hygiene and the environment. The performance sought to inspire students to actively participate in keeping their surroundings clean and to adopt sustainable practices like waste segregation. Volunteers also aimed to encourage a sense of pride and ownership in maintaining a healthy campus.
- b. Description: On 1st October 2024, NSS FCRIT volunteers performed a powerful street play on the theme "Swachata Hi Seva" in the college campus. The play highlighted the importance of cleanliness and responsible waste management, emphasizing every individual's role in creating a cleaner environment. Through engaging scenes, volunteers illustrated the impact of littering and the benefits of sustainable practices like waste segregation. The performance encouraged students to take pride in maintaining a clean campus, inspiring action towards the Swachh Bharat mission.
- c. Outcomes: The street play on "Swachata Hi Seva" led to a noticeable increase in cleanliness across the campus as students became more mindful of their waste disposal habits. Following the performance, many students actively participated in keeping their surroundings tidy, leading to a cleaner environment overall. The play sparked conversations about the importance of cleanliness and waste



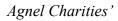
# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

management, fostering a culture of accountability among peers. Increased awareness resulted in better waste segregation practices and a collective effort to reduce littering.

#### d. Attendance of Participants:

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e. Impact Analysis: Participating in the street play on "Swachata Hi Seva" significantly enhanced the volunteers' understanding of environmental issues and the importance of cleanliness. It improved their teamwork and communication skills as they collaborated to develop and present the play. Volunteers became more confident in addressing public health and hygiene topics, empowering them to engage with peers on these issues. The experience deepened their commitment to community service, inspiring them to participate in future cleanliness initiatives.





## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

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# 7. Geo-tagged Photograph



NSS volunteers performing skit on Swachhata Hi Seva



NSS volunteers celebrate after Swachhata Hi Seva skit

Rahul Jadhav

John

NSS Program Officer



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Library cleanup

**2.** Venue & Date : Fr. C Rodrigues Institute of Technology, Vashi,

27/09/2024

3. Number of Student Volunteers : 31

4. Student Coordinator : Abhishek Chavan

5. Staff Coordinator : Prof. Rahul Jadhav

6. Brief Summary of Activity/Event

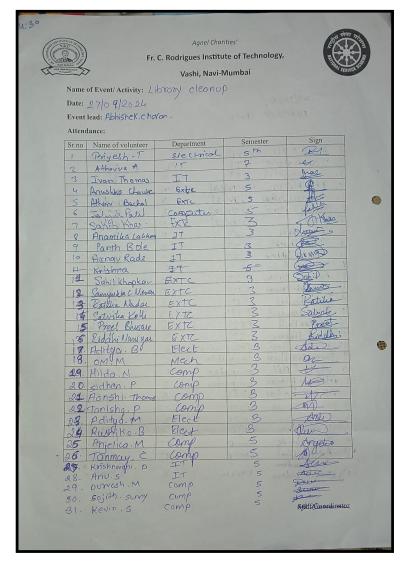
- **a. Objectives:** The objective was to organize and maintain a clean, conducive environment within the college library for effective learning. NSS FCRIT volunteers aimed to clear clutter, arrange books, and ensure that study spaces were tidy and welcoming for students. The event sought to raise awareness about the importance of cleanliness in shared spaces, encouraging students to respect and maintain the library's condition. By decluttering and organizing, the volunteers also aimed to make library resources more accessible.
- b. Description: On 27th September 2024, NSS FCRIT volunteers conducted a clean-up drive in both the degree and diploma sections of the college library. Volunteers worked together to organize books, clear clutter, and ensure that study spaces were clean and inviting. The event aimed to create a more organized and accessible library environment, benefiting all students. Volunteers promoted the importance of respecting shared spaces and encouraged a culture of cleanliness.
- c. Outcomes: The library clean-up by NSS FCRIT volunteers led to a more organized, welcoming, and functional space for students and staff. Books became easier to locate, improving access to resources and creating a smoother study experience. The cleaner environment inspired students to maintain cleanliness and organization in shared spaces, fostering respect for library facilities. Reduced clutter also enhanced the library's ambiance, encouraging more students to utilize it for studying.



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

d. Attendance of Participants:



volunteers develop a deeper sense of responsibility and pride in maintaining their campus. The experience improved their organizational and teamwork skills as they collaborated to arrange books and declutter spaces. Volunteers gained awareness of the importance of shared spaces and how individual efforts contribute to a better environment for all. The event also instilled a sense of accomplishment, reinforcing their commitment to community service.



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### 7. Geo-tagged Photograph



NSS FCRIT volunteers in action during library cleanup



NSS FCRIT volunteers unite after library cleanup success

Rahul Jadhav

NSS Program Officer

John



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : College cleanup

2. Venue & Date : Fr C. Rodrigues Institute of Technology,

Vashi, 27/09/2024

3. Number of Student Volunteers : 25

4. Student Coordinator : Abhishek Chavan

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brief Summary of Activity/Event

- a. Objectives: The objective was to create a clean, organized, and inspiring learning environment by thoroughly cleaning classrooms. NSS FCRIT volunteers aimed to remove clutter, organize desks, and ensure hygienic spaces for students and faculty. The event also sought to raise awareness about the importance of cleanliness and respect for shared spaces, encouraging students to adopt these practices daily. By fostering teamwork among volunteers, the cleanup promoted a sense of responsibility toward maintaining college facilities.
- **b. Description:** On 27th September 2024, NSS FCRIT volunteers organized a classroom cleanup drive, dedicating their time to create a cleaner and more organized learning environment. Volunteers arranged desks, cleared clutter, and wiped down surfaces, ensuring a welcoming space for students and faculty. The event emphasized the importance of cleanliness and respect for shared spaces, encouraging students to maintain tidy classrooms. By working together, volunteers demonstrated the impact of collective effort on improving campus facilities.
- c. Outcomes: The classroom cleanup resulted in a more organized and hygienic learning environment, enhancing comfort and focus for students and faculty. The tidier space encouraged students to adopt cleaner habits, fostering a culture of respect for shared facilities. Improved classroom organization made resources like desks and materials more accessible, contributing to a more efficient learning experience. The cleanup also set a positive example across the campus, inspiring



# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

others to take pride in maintaining cleanliness.

d. Attendance of Participants:

	Fr. C. Ro	Agnel Charities' drigues Institute of Technol Vashi, Navi-Mumbai	ogy,
	Name of Event/Activity: College Date: 27/09/2024.  Event lead: Abhishek - Chow Attendance:		
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e. Impact Analysis: Participating in the classroom cleanup empowered NSS FCRIT volunteers with a stronger sense of responsibility toward their campus environment. The event fostered teamwork and collaboration as they organized, cleaned, and enhanced the learning spaces together. Volunteers gained practical skills in organization and learned the importance of maintaining hygiene in shared spaces. The experience instilled pride in their efforts, motivating them to engage in further community service initiatives.



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

# 7. Geo-tagged Photograph



NSS FCRIT volunteers actively cleaning the classroom



NSS FCRIT volunteers celebrate success after classroom cleanup

Rahul Jadhav

John

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Karave Mangrove Cleanup

2. Venue & Date : Karave, 02/10/2024

3. Number of Student Volunteers : 5

4. Student Coordinator : Joshua

**5. Staff Coordinator** :Prof. Rahul Jadhav

6. Brief Summary of Activity/Event

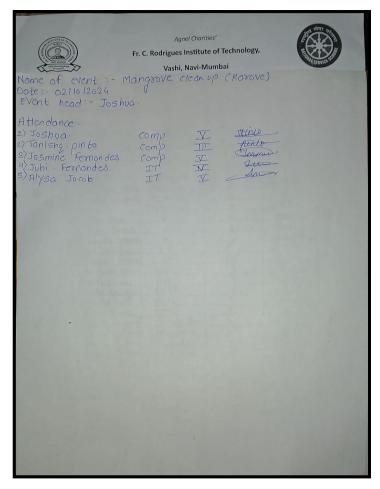
**a. Objectives:** The objective was to restore and protect mangrove ecosystems by removing debris and plastic waste from the area. NSS FCRIT volunteers aimed to raise awareness about the ecological significance of mangroves in coastal protection and biodiversity. The event sought to engage students in environmental conservation, fostering a sense of responsibility towards nature. Volunteers aimed to promote community involvement and educate participants on sustainable practices to preserve these vital ecosystems.

- b. Description: On 2nd October 2024, NSS FCRIT volunteers participated in a mangrove cleanup at Karave, dedicating their efforts to restore the vital coastal ecosystem. Armed with gloves and bags, volunteers worked together to collect plastic waste and debris, significantly improving the area's cleanliness. The event not only aimed to protect the mangroves but also to educate participants about their ecological importance in preventing coastal erosion and supporting biodiversity.
- c. Outcomes: The mangrove cleanup at Karave significantly improved the ecological health of the area by removing plastic waste and debris that threatened local wildlife. The removal of litter enhanced the habitat for various species, promoting biodiversity within the mangrove ecosystem. This initiative helped restore the natural beauty of the coastline, encouraging more community members to appreciate and visit the area. The event raised awareness about the importance of mangroves in protecting coastal regions from erosion and flooding.



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

d. Attendance of Participants:



e. Impact Analysis: Participating in the mangrove cleanup deeply impacted NSS FCRIT volunteers, enhancing their understanding of environmental conservation and the significance of coastal ecosystems. The hands-on experience fostered teamwork and collaboration, as volunteers worked together towards a common goal. Many volunteers reported feeling a sense of fulfillment from making a tangible difference in their local environment. The event inspired participants to become advocates for sustainability, encouraging them to share their knowledge with peers and community members.



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

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## 7. Geo-tagged Photograph



NSS FCRIT volunteers celebrate success after mangrove cleanup



NSS FCRIT volunteers actively engaged in mangrove cleanup

Rahul Jadhav

John

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sports for bal bhawan students

2. Venue & Date : Fr. C. Rodrigues Institute of Technology,

Vashi, 10/10/2024

3. Number of Beneficiaries : 23

4. Number of Student Volunteers : 12

5. Student Coordinator : Satvika kolli

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Activity/Event

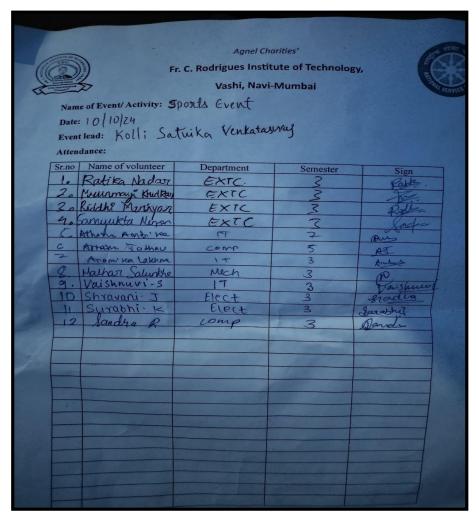
- **a. Objectives:** The objective was to promote physical fitness, teamwork, and enthusiasm for sports among Balbhawan students. NSS FCRIT volunteers aimed to provide these students with an enjoyable and engaging experience, encouraging them to develop healthy lifestyle habits. The event sought to enhance the students' confidence and social skills through team-based games and activities. Volunteers also aimed to foster a sense of camaraderie and fair play, creating a supportive environment for all participants.
- **b. Description:** On 10th October 2024, NSS FCRIT volunteers organized a lively sports day for students from Balbhawan, filled with activities designed to promote teamwork, fitness, and fun. Volunteers led the students through various games, from relay races to team-building activities, creating an atmosphere of excitement and friendly competition. The event provided an opportunity for students to develop new skills, boost their confidence, and engage in physical activity in a supportive environment.
- c. Outcomes: The sports event brought joy and energy to the Balbhawan community, inspiring students to participate more actively in physical activities. By creating a lively and encouraging environment, the event promoted a sense of unity and boosted the community's spirit. Students who participated gained confidence and developed an enthusiasm for teamwork, setting a positive example for peers. The surrounding community observed the benefits of structured, supportive play, which



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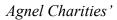
reinforced the value of extracurricular engagement for holistic growth.

d. Attendance of Participants:



e. Impact Analysis: Conducting the sports event for Balbhawan students allowed NSS FCRIT volunteers to develop leadership, communication, and organizational skills as they guided young participants through various games. The experience fostered a deep sense of empathy and connection with the community, strengthening their commitment to service. Volunteers gained insights into teamwork dynamics and learned how to adapt activities to engage younger students effectively.

#### 8. Geo-tagged Photograph





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NSS FCRIT volunteers enjoy sports with Balbhawan students



NSS volunteers guiding Balbhawan students on game rules

Rahul Jadhav

NSS Program Officer



### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Airoli biodiversity mangrove cleanup

2. Venue & Date : Airoli biodiversity center, 13/10/2024

3. Number of Student Volunteers : 13

4. Student Coordinator : Aadit Lele

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Collaborating Agency : Beach please

7. Brochure/poster :



#### 8. Brief Summary of Activity/Event

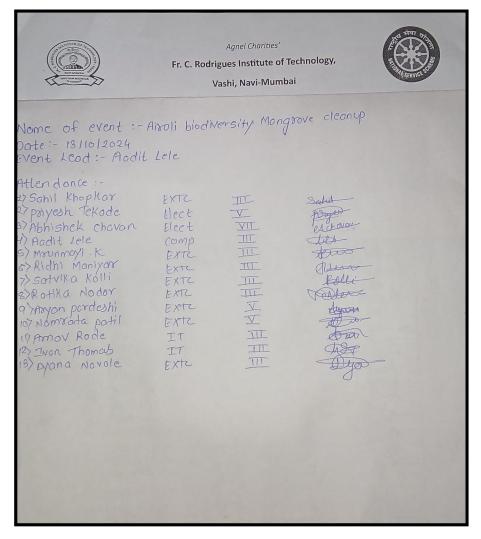
- **a. Objectives:** The objective was to restore and protect the mangrove ecosystem by removing accumulated waste and debris. NSS FCRIT volunteers aimed to raise awareness about the ecological importance of mangroves in coastal resilience and biodiversity preservation. This initiative sought to engage volunteers in hands-on conservation efforts, fostering responsibility towards environmental sustainability. The cleanup intended to inspire participants to advocate for cleaner surroundings and sustainable practices within their communities
- **b. Description:** On 13th October 2024, NSS FCRIT volunteers conducted a mangrove cleanup at Airoli Biodiversity Center, focusing on removing plastic and waste from the fragile ecosystem. Volunteers worked along the coastal area, collecting litter and restoring the natural habitat for local wildlife. This event raised awareness about the role of mangroves in preventing coastal erosion and supporting biodiversity. By participating in hands-on conservation, volunteers strengthened their understanding of environmental stewardship.



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c. Outcomes: The mangrove cleanup significantly improved the ecosystem by removing harmful waste, allowing local flora and fauna to thrive in a cleaner habitat. By reducing plastic and debris, the event helped restore the natural beauty and health of the mangrove area, enhancing its resilience to coastal erosion. The initiative promoted biodiversity by creating a safer environment for various species dependent on the mangroves. The cleanup also inspired community awareness on the importance of preserving natural areas, encouraging more environmentally responsible behavior.

#### d. Attendance of Participants:



e. Impact Analysis: Participating in the mangrove cleanup gave NSS FCRIT volunteers hands-on experience in environmental conservation, enhancing their



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sense of responsibility toward natural habitats. The event fostered teamwork and problem-solving as volunteers coordinated efforts to remove debris from challenging areas. Volunteers reported a deepened awareness of ecological issues and felt motivated to advocate for sustainability within their communities.

:

### 9. Geo-tagged Photograph



NSS volunteers actively engaged in mangrove cleanup



NSS FCRIT volunteers celebrate success after mangrove cleanup

Rahul Jadhav NSS Program Officer

John



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Local vendor promotion

2. **Venue & Date** : Kharghar, 28/10/2024

3. Number of Student Volunteers : 2

4. **Student Coordinator** : Arya Nikam

**5. Staff Coordinator** :Prof. Rahul Jadhav

6. Brochure/poster



- 7. Brief Summary of Activity/Event
  - **a. Objectives:** The objective was to support local vendors by encouraging the community to shop locally during the Diwali festival. NSS FCRIT volunteers aimed to raise awareness about the economic benefits of purchasing from local businesses, fostering community ties. The initiative sought to showcase the unique products and services offered by these vendors, enhancing their visibility during the festive season. By promoting local shopping, volunteers aimed to contribute to the sustainability of small businesses and the local economy.
  - **b. Description:** On 28th October 2024, NSS FCRIT volunteers organized a local vendor promotion in Kharghar, encouraging residents to purchase diyas from nearby shops for Diwali celebrations. Volunteers set up booths to showcase various vendors, highlighting the unique handmade diyas and decorative items

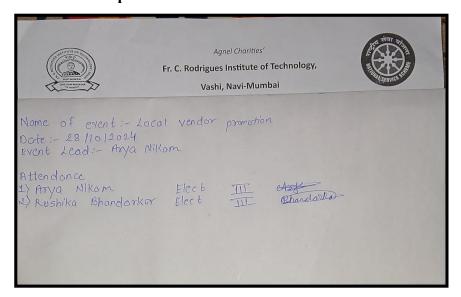


# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

available. The event aimed to foster community spirit and support local artisans by raising awareness about the importance of shopping locally. Volunteers engaged with community members, sharing information about the benefits of supporting small businesses.

c. Outcomes: The local vendor promotion significantly enhanced community engagement by encouraging residents to support small businesses during the Diwali season. The event brought more foot traffic to local shops, helping vendors increase sales and visibility. It fostered a sense of community pride and awareness of the cultural significance of purchasing handmade items. By highlighting local artisans, the initiative strengthened the local economy and promoted sustainable consumer practices.

#### d. Attendance of Participants:



e. Impact Analysis: The local vendor promotion provided NSS FCRIT volunteers with valuable experience in community outreach and event organization. Volunteers developed communication and marketing skills as they engaged with both vendors and community members, enhancing their confidence in public interactions. The initiative fostered a sense of pride among volunteers as they contributed to the economic wellbeing of local businesses. Volunteers also gained insights into the significance of supporting local artisans, deepening their appreciation for cultural traditions.

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8. Geo-tagged Photograph



NSS FCRIT volunteers promoting local vendors this Diwali

Staff Coordinator

John

NSS Program Officer

#### Agnel Charities'



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Voting awareness at college campus.

2. Venue & Date : FCRIT Vashi, 19<sup>th</sup> Nov 2024.

3. Number of Beneficiaries : 24

4. Number of Student Volunteers : 16

5. Student Coordinator : Anamika Lakhera & Arya Nikam

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brochure/poster :



#### 8. Brief Summary of Activity/Event

- **a. Objectives**: The main objective of the event was to raise awareness about the importance of voting, emphasizing the message that "every single vote matters." It aimed to encourage civic responsibility, increase voter turnout, debunk common voting myths, and highlight how elections impact daily life. The event also sought to promote informed voting, inclusivity, and equality, while fostering community engagement and trust in the electoral system. Additionally, it encouraged voter registration and aimed to inspire individuals to actively participate in shaping their future through the democratic process.
- b. Description: With the aim of spreading awareness about voting, the NSS Unit of FCRIT visited the FCRIT Vashi college and approached all the faculty, staff members, teaching and non-teaching staff as well. The volunteers distributed posters and provided information about the importance of voting. Additionally, they took the time to explain the significance of voting to everyone, emphasizing how every single vote matters. The students of NSS worked collaboratively to ensure that the message was effectively communicated to all individuals on campus. Through this effort, they successfully raised

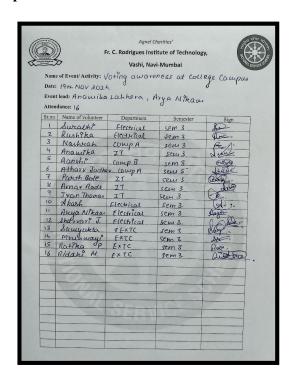


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awareness about the importance of participating in the democratic process.

- **c. Outcomes:** The outcome of this event was a significant increase in awareness about the importance of voting. The volunteers successfully distributed posters and engaged in meaningful discussions, ensuring that the message of "Every vote matters" reached a wide audience. As a result, more people were informed about their role in the democratic process, leading to a heightened sense of responsibility and participation in elections. The event also fostered a sense of civic duty and encouraged individuals to exercise their right to vote in future elections.
- d. Attendance of Participants:



e. Impact Analysis: The event successfully increased voter awareness by educating individuals on the importance of voting and its impact on society. It encouraged greater voter participation, motivating people to take an active role in the democratic process. By fostering civic responsibility, the event highlighted the importance of each person's voice in shaping the future. Its efforts extended beyond the college, reaching a wider audience, and promoting inclusivity. Enhanced collaboration and teamwork among participants led to a more impactful message, while fostering long-term cultural change aimed at making voting an integral part of civic life.

9. Geo-tagged Photograph



## Agnel Charities'

# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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Volunteers distributing posters to the staff members.

Rahul Jadhav

NSS Program Officer



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Pulse Polio Drive

2. Venue & Date : Dharavi, 8<sup>th</sup> December 2024

3. Number of Beneficiaries : 1693

4. Number of Student Volunteers : 11

5. Student Coordinator : Shravani Anil Jadhav

**6. Staff Coordinator** :Prof. Rahul Jadhav

7. Collaborating Agency : Brihanmumbai Municipal Corporation(BMC)

8. Brochure/poster



#### 9. Brief Summary of Activity/Event

a. Objectives: The Pulse Polio Immunization Drive aimed to administer polio vaccine drops to children under the age of 5 to ensure their immunity against polio and support the nation's goal of eradicating the disease. Additionally few children above the age of 5 also received the polio dose as a part of drive. This initiative aligns with the government's broader strategy to prevent the resurgence of polio in India. The campaign aimed to increase awareness about the importance of vaccination, ensure comprehensive coverage in the densely populated area of Dharavi, and support the national goal of eradicating polio by reaching every child.



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**b. Description:** The event was organized by the NSS Unit of FCRIT in collaboration with the Brihanmumbai Municipal Corporation (BMC) under the nationwide Pulse Polio Immunization Campaign. Volunteers were stationed at designated booths to administer oral polio vaccine drops to children. They assisted health workers, guided families to the booths, and ensured smooth execution of the drive. Additionally, volunteers raised awareness about the importance of immunization through direct interaction with parents and caregivers.

#### **ACTIVITIES:**

- 1. Setting up booths at key locations in Dharavi for vaccination.
- 2. Guiding families to the booths and ensuring children received their doses.
- 3. Disseminating educational material about polio and the need for regular immunization
- c. Outcomes: Significant number of children under the age of five was vaccinated; ensuring they received critical immunity against polio. Additionally 56 children above the age of 5 took the polio dose. In total 1693 children were vaccinated, achieving 50.20% of target population of 3,261. The active participation of NSS volunteers and collaboration with healthcare workers facilitated a well-organized and efficient campaign. The drive not only increased vaccination coverage but also raised awareness among parents about the importance of routine immunization, fostering a sense of trust in public health initiatives. The efforts of the volunteers, especially in guiding families and managing the booths, were instrumental in reaching the target population effectively.



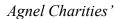
# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

d. Attendance of Participants:

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e. Impact Analysis: The Pulse Polio Drive at Dharavi significantly contributed to improving child immunity by vaccinating children under five and supporting India's polio-free status. It raised awareness among parents about the importance of routine immunization, fostering a positive behavioral shift toward public health. The drive also ensured equitable access to vaccines in underserved areas. For NSS volunteers, it provided valuable experience in teamwork, leadership, and community engagement, while instilling a sense of responsibility toward societal welfare.





# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

## 10. Geo-tagged Photograph:



An NSS Volunteer giving polio drops to a child during the pulse polio drive

Rahul Jadhav

John

NSS Program Officer

#### Agnel Charities'



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Pledge on importance of sports

2. Venue & Date : FCRIT Vashi, 1st December 2024

3. Number of Student Volunteers : 6

4. Student Coordinator : Kolli Satvika

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brief Summary of Activity/Event

- **a. Objectives:** The Fit India Pledge Event also aimed to create a sense of community by bringing together students, teachers, and parents in the shared goal of fostering a healthier lifestyle. It emphasized the importance of making fitness a daily routine, encouraging individuals to embrace a balanced approach that includes nutrition, exercise, and mental wellness. By promoting a positive and active environment, the event hoped to cultivate leadership skills, resilience, and a spirit of perseverance among the participants..
- **b. Description:** With the aim of spreading awareness about sports, The event was organized with BalBhavan students where students participated enthusiastically. It began with an interactive session discussing the significance of sports and fitness, followed by a collective recitation of the Fit India Pledge, affirming their dedication to a healthy lifestyle. Engaging activities like yoga and stretching exercises were conducted to demonstrate simple ways to stay fit, creating an energetic and motivational atmosphere. The event concluded with a call to action for the students to continue their fitness journey, encouraging them to make fitness a part of their daily lives and inspire others to do the same.
- c. Outcomes: The Fit India Pledge Event successfully inspired students to prioritize fitness and adopt healthier lifestyles. They gained a deeper understanding of the benefits of sports and regular physical activity, fostering a positive attitude toward health and well-being. The interactive session and activities motivated students to incorporate fitness into their daily routines and encouraged teamwork, discipline, and resilience, contributing to their holistic development. Additionally, the event sparked a sense of responsibility among students to promote fitness within their families and communities. It also encouraged students to set personal fitness goals, cultivating a mindset of continuous self-improvement and well-being.



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

d. Attendance of Participants:

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Nar	me of Event/Activity:	FIT INDIA PLE	ED CIE	
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e. Impact Analysis: The impact of the Fit India Pledge Event was evident in the increased awareness among students about the importance of fitness and sports. Participants demonstrated a heightened enthusiasm for adopting healthy habits and engaging in physical activities. The event fostered a sense of responsibility toward personal well-being and inspired students to promote fitness within their communities, contributing to a broader culture of health and active living.



## Agnel Charities'

# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

7. Geo-tagged Photograph



Volunteers and Students Taking the Fit India
Pledge Together

Rahul Jadhav

John

NSS Program Officer



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Samvidhan divas pledge

2. Venue & Date : FCRIT vashi, 26<sup>th</sup> Nov 2024

4. Number of Student Volunteers : 10

5. Student Coordinator : Athary Suresh jadhay

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Activity/Event :

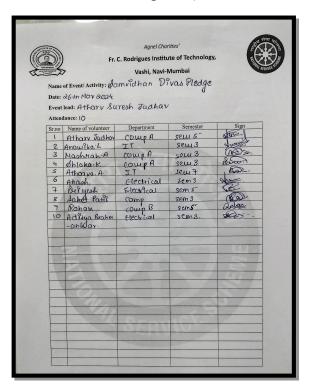
- **a. Objectives:** The main objective of the Samvidhan Divas event was to honor the Constitution and its values, with a special focus on fostering a sense of civic duty and national pride. During the event, all the NSS volunteers took a solemn pledge to uphold the principles of justice, equality, and freedom enshrined in the Constitution. The occasion aimed to promote awareness about the significance of the Constitution in shaping India's democracy, encourage active participation in nation-building, and inspire a sense of responsibility towards preserving constitutional values.
- **b. Description:** During the event, all NSS volunteers took a pledge to uphold the values of justice, equality, and liberty enshrined in the Constitution. The gathering focused on raising awareness about the significance of the Constitution in shaping India's democracy and encouraging participants to embrace the responsibilities of being active citizens. The event aimed to instill a deep sense of respect for the Constitution and foster a commitment to upholding its principles in everyday life. The ceremony was carried out successfully, with a strong sense of unity and civic pride.
- c. Outcomes: The outcome of the Samvidhan Divas event was highly positive, as it successfully instilled a sense of civic responsibility and national pride among the participants. The NSS volunteers, by taking the pledge, reaffirmed their commitment to uphold the values of justice, equality, and liberty enshrined in the Indian Constitution. The event enhanced awareness about the significance of the Constitution and its role in shaping India's democratic framework. It also fostered a deeper understanding of the importance of active citizenship and the responsibility to protect and promote constitutional values.



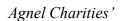
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d. Attendance of Participants:



e. Impact Analysis: The Samvidhan Divas event had a significant impact by raising civic awareness and reinforcing the values of justice, equality, and liberty enshrined in the Indian Constitution. It strengthened the sense of responsibility among the NSS volunteers, encouraging them to uphold constitutional values. The collective pledge fostered unity and patriotism, while promoting active citizenship. The event inspired long-term civic engagement, with participants more likely to engage in future social and political activities.





## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

8. Geo-tagged Photograph



Volunteers taking pledge

- Jahrel

Rahul Jadhav

NSS Program Officer

**Staff Coordinator** 



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : CBD belapur railway station Blood Donation

Camp

2. Venue & Date : CBD Belapur Railway Station, 20/12/24

3. Number of Beneficiaries : 62

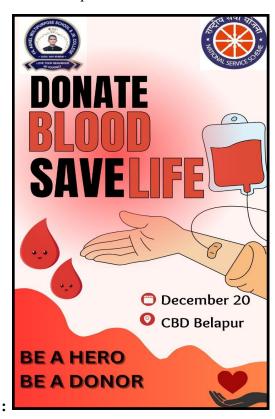
4. Number of Student Volunteers : 14

5. Student Coordinator : Joshua Vinu Koshy, Harsh Gorakh Khairnar

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : Jaslok Hospital

8. Brochure/poster



#### 9. Brief Summary of Activity/Event

**a. Objectives:** The primary objective of this blood donation camp was to address the critical shortage of blood in local hospitals by encouraging voluntary blood donations. This initiative aimed to raise awareness about the importance of blood



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

donation in saving lives and to foster a sense of social responsibility among the community. Additionally, the camp sought to provide a convenient and accessible platform for individuals to contribute to a noble cause.

- **b. Description:** On December 20th, NSS volunteers from FCRIT, in collaboration with the Red Ribbon Club, successfully organized a blood donation camp at CBD Belapur Railway Station. This joint venture with the University of Mumbai and local blood banks provided a crucial platform for voluntary blood donations. The camp operated from 9:00 AM to 5:30 PM, with 14 enthusiastic NSS volunteers actively participating. Through dedicated efforts, the volunteers motivated a total of 80 individuals to consider donating, resulting in 62 successful blood donations.
- c. Outcomes: The blood donation camp achieved several significant outcomes. Firstly, it successfully collected a substantial amount of blood, which will undoubtedly benefit numerous patients in need. Secondly, the event effectively raised awareness about the critical importance of blood donation within the community. The active participation of NSS volunteers showcased the dedication and commitment of young individuals to social causes. Furthermore, the camp fostered a sense of camaraderie and teamwork among the volunteers while promoting a culture of altruism.

#### d. Attendance of Participants:



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

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				Staff Coordinator

e. Impact Analysis: This blood donation camp had a significant positive impact. It directly addressed the critical blood shortage in local hospitals by collecting a substantial amount of blood, potentially saving lives. The awareness campaign effectively educated the public about the importance of blood donation, encouraging greater community participation. Furthermore, the event provided a valuable learning experience for the NSS volunteers, enhancing their skills and fostering a lasting commitment to community service.



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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10. Geo-tagged Photograph



NSS FCRIT Team with the Blood Bank officers and Blood Donation Organizers

John

Rahul Jadhav

NSS Program Officer

**Staff Coordinator** 



#### An Autonomous Institute Permanently affiliated to University of Mumbai

#### (National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sports events

2. Venue & Date : FR. C. Rodrigues Institute Of Technology

30/11/24, 1/12/24, 8/12/24, 15/12/24

3. Number of Beneficiaries : 35

4. Number of Student Volunteers : 15

5. Student Coordinator : Kolli Satvika Venkatasuraj

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Activity/Event

**a. Objectives:** The primary objective was to promote health and fitness, develop team spirit, and provide a platform for students to showcase their athletic talents in a fun and inclusive environment.

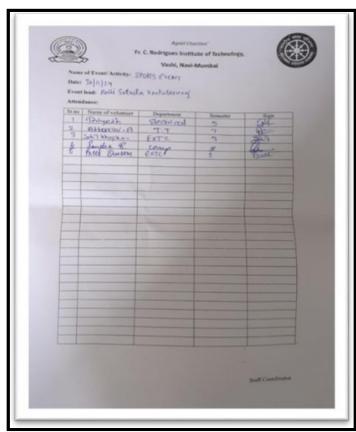
- **b. Description:** The event included a diverse range of traditional and modern games that catered to students of all age groups. Each game was designed to foster coordination, strategy, and mutual respect among participants. Students enthusiastically participated, demonstrating great energy and enthusiasm throughout the day.
- c. Outcomes: The sports event successfully instilled a sense of discipline, teamwork, and confidence among the students. It provided them with an opportunity to learn new skills, build camaraderie, and enjoy the spirit of healthy competition. The day concluded with smiling faces, joyful memories, and an eagerness for more such events in the future. The sports event successfully instilled a sense of discipline, teamwork, and confidence among the students. It provided them with an opportunity to learn new skills, build camaraderie, and enjoy the spirit of healthy competition. The day concluded with smiling faces, joyful memories, and an eagerness for more such events in the future.

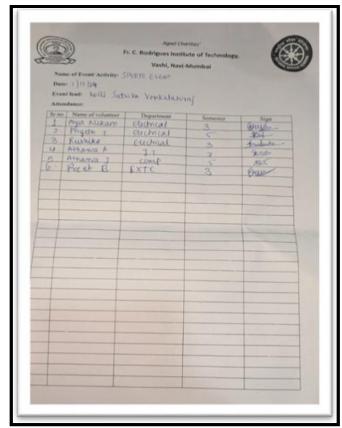


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d. Attendance of Participants:

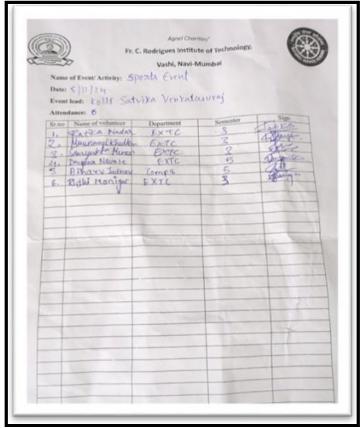


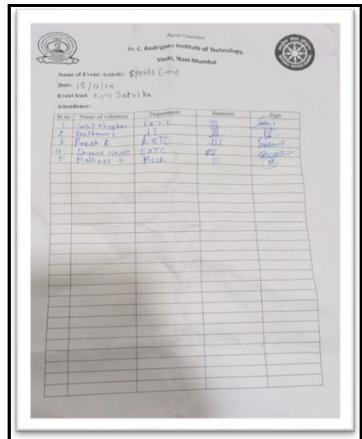




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#### An Autonomous Institute Permanently affiliated to University of Mumbai

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e. Impact Analysis: The event had a profound impact on the holistic development of the students by enhancing their physical fitness, boosting teamwork, and building confidence. It fostered inclusivity by ensuring every student could participate and feel valued, creating an environment that strengthened peer relationships and promoted unity. The activities inspired a love for sports and active living, instilling discipline, resilience, and a sense of achievement. By encouraging collaboration and mutual support, the event cultivated important life skills while leaving a lasting positive impression. Overall, it enriched the students' school experience and contributed

meaningfully to their personal growth.

#### 8. Geo-tagged Photograph



Volunteers playing in out with the Student



Volunteers playing kho kho with the students



**Staff Coordinator** 



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(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Vaachan Sankalp Maharashtra

2. Venue & Date :15<sup>th</sup> January 2025, FCRIT, vashi

3. Number of Beneficiaries : 24

4. Number of Student Volunteers : 24

5. Student Coordinator : Anamika Lakhera

**6. Staff Coordinator** :Prof.Rahul Jadhav

9. Brief Summary of Activity/Event :

- a. Objectives: The main objective of the event "Vaachan Sankalp Maharashtra" was to raise awareness about the importance of reading, emphasizing the message that "reading enriches lives and minds." It aimed to foster a culture of lifelong learning, inspire individuals to explore the transformative power of books, and highlight how reading shapes perspectives and broadens horizons. The event also sought to promote informed thinking, inclusivity, and intellectual growth while building a sense of community among book lovers.
- **Description:** Vaachan Sankalp Maharashtra is an initiative aimed at promoting the joy and importance of reading. The event inspired participants to embrace books as a means of personal growth, intellectual enrichment, and lifelong learning. Through engaging activities and motivational sessions, it emphasized the transformative power of reading while fostering a sense of community among book lovers and encouraging inclusivity and cultural exploration.
- **c. Outcomes:** The outcome of Vaachan Sankalp Maharashtra was a renewed enthusiasm for reading among participants, who were motivated to make it a regular habit. The event fostered a sense of community, increased awareness about the value of books in personal and intellectual growth, and encouraged inclusivity through diverse literary explorations. It successfully inspired a commitment to lifelong learning and self-improvement through reading.

#### d. Attendance of Participants:



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

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**e. Impact Analysis:** The impact of Vaachan Sankalp Maharashtra was profound, fostering a culture of reading and lifelong learning. Participants developed stronger reading habits, engaged in a community of book enthusiasts, and experienced intellectual growth through diverse literary exposure. The event promoted inclusivity, inspired others to read, and created a lasting ripple effect, contributing to personal and societal development.



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10. Geo-tagged Photograph



FCRIT students developing habbit of reading

Rahul Jadhav
NSS Program Officer
Staff Coordinator



#### An Autonomous Institute Permanently affiliated to University of Mumbai

#### (National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Vaachan Sankalp Maharashtra with Balbhavan

students

2. Venue & Date :16<sup>th</sup> January 2025, Balbhavan Meditation hall

3. Number of Beneficiaries : 17

4. Number of Student Volunteers : 12

**5. Student Coordinator** : Anamika Lakhera

**6. Staff Coordinator** :prof.Rahul Jadhav

7. Brief Summary of Activity/Event :

- a. Objectives: The NSS FCRIT organized a reading event for students at Balbhavan with the primary objective of raising awareness about the transformative power of reading. The event emphasized that "reading enriches lives and minds," aiming to inspire students to embrace a culture of lifelong learning. It sought to encourage young minds to explore the vast world of books, shaping their perspectives, broadening their horizons, and nurturing intellectual curiosity. The initiative also focused on fostering informed thinking, inclusivity, and a love for literature among students. By creating an engaging and supportive environment, the volunteers aimed to build a sense of community among budding readers, motivating them to prioritize reading as a tool for personal and academic growth.
- b. Description: The NSS FCRIT organized a reading event at Balbhavan to inspire a love for books and highlight the importance of reading in personal and intellectual growth. The event featured storytelling, book discussions, and interactive activities, fostering critical thinking, empathy, and inclusivity. Students explored various books and were encouraged to embrace reading as a daily habit, recognizing its role in shaping knowledge and perspectives. The event successfully nurtured a passion for lifelong learning and strengthened the connection between students and the transformative power of literature.
- **c. Outcomes:** The reading event at Balbhavan had a positive and lasting impact on the students. It successfully sparked their interest in reading and encouraged them to explore books beyond their academic curriculum. Many students expressed newfound enthusiasm for literature and pledged to make reading a regular habit.

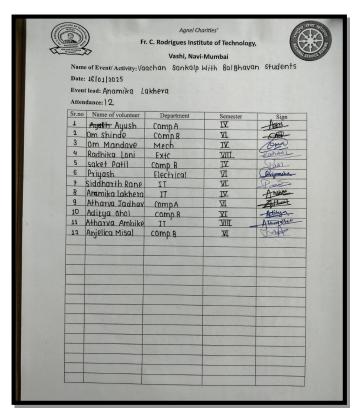
The event also improved students' confidence in expressing their thoughts and ideas during discussions, fostering critical thinking and open-mindedness. The inclusive approach helped create a supportive environment where every student felt valued and motivated to participate.



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d. Attendance of Participants:



e. Impact Analysis: The reading event at Balbhavan had a profound impact, sparking students' enthusiasm for books and fostering a lasting interest in reading. It enhanced critical thinking, communication, and problem-solving skills while promoting inclusivity and mutual respect. The event also encouraged creativity, boosted self-confidence, and inspired students to explore diverse perspectives through literature. By creating a sense of community, it motivated participants to collaborate, share ideas, and embrace lifelong learning.

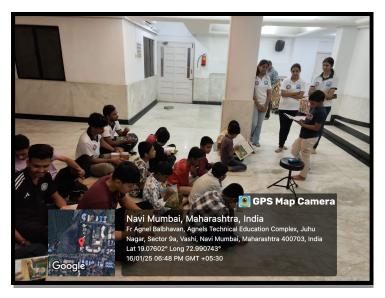


## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

8. Geo-tagged Photograph



Students engaged in reading books

Rahul Jadhav

John

NSS Program Officer

**Staff Coordinator** 



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Sagar Vihar Cleanup Drive

2. Venue & Date : Sagar Vihar, Vashi, 21/09/2024

4. Number of Student Volunteers : 38

5. Student Coordinator : Poorva Narkhede & Sojith Sunny

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : NMMC

8. Brochure/poster



#### 9. Brief Summary of Activity/Event

- **a. Objectives:** The objective of the Sagar Vihar Cleanup Drive by NSS is to promote environmental awareness and conservation by engaging volunteers in the restoration of mangrove habitats. This initiative aims to reduce pollution, protect local biodiversity, and foster a sense of community responsibility towards preserving our natural ecosystems.
- **Description:** The Sagar Vihar Cleanup Drive, organized by the National Service Scheme (NSS), took place on 21/09/2024 from 7:45 am to 8:45 am at Sagar Vihar, Vashi. This initiative aims to enhance environmental awareness while restoring vital mangrove ecosystems. Approximately 38 enthusiastic NSS volunteers came together to remove litter and debris, promoting a cleaner, healthier habitat for local wildlife.
- c. Outcomes: The Sagar Vihar Cleanup Drive resulted in a significantly cleaner

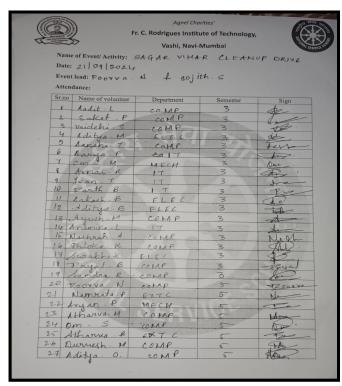


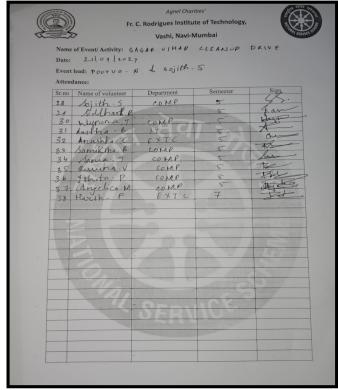
#### An Autonomous Institute Permanently affiliated to University of Mumbai

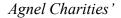
(National Service Scheme)

mangrove ecosystem, increased community awareness about environmental conservation, and strengthened camaraderie among NSS volunteers. Participants left with a deeper understanding of the vital role mangroves play in our ecosystem.

#### d. Attendance of Participants:









#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

**e. Impact Analysis:** The cleanup drive led to improved water quality and habitat conditions in the Sagar Vihar area, fostering biodiversity and enhancing resilience against coastal erosion. Additionally, it cultivated a lasting commitment among participants and the community to actively engage in environmental stewardship.

#### 10. Geo-tagged Photograph



Speech by NMMC staff



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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(National Service Scheme)



NSS volunteers taking pledge on cleanliness

Rahul Jadhav

NSS Program Officer

**Staff Coordinator** 



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(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Blood Donation Drive

2. Venue & Date : 2<sup>nd</sup> Floor Seminar Hall AX216, New

Building, 21st August 2024

3. Number of Beneficiaries : 84

4. Number of Student Volunteers : 46

**5. Student Coordinator** : 1. Radhika Loni

2. Rutuja Kamble

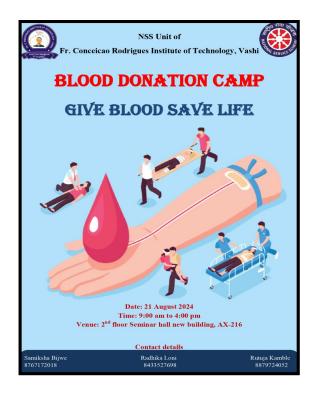
3. Samiksha Bijwe

4. Anamika Lakhera

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : NMMC

8. Brochure/poster





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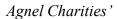
#### 9. Brief Summary of Activity/Event

- **a. Objectives:** To promote awareness about the importance of blood donation. To encourage students and staff to actively participate in social welfare activities. To contribute to the community by meeting local blood supply needs.
- **b. Description:** The NSS FCRIT conducted a blood donation drive during Faces to engage students in a meaningful cause. The event provided an opportunity for participants to donate blood and support the local healthcare system. Student volunteers facilitated the event, ensuring its smooth execution.
- **c. Outcomes:** 84 individuals received blood donations. 46 student volunteers gained experience in organizing and managing community service events. Raised awareness on the critical need for blood donations within the community.

#### d. Attendance of Participants:

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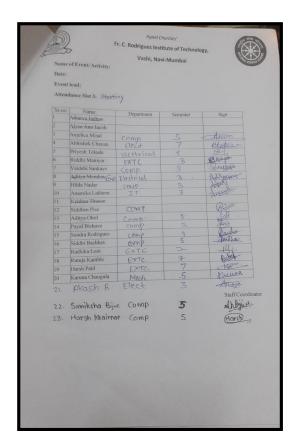
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## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

e. Impact Analysis: The Blood Donation Drive held on August 21, 2024 had a substantial impact, by collecting 44 units of blood, which can potentially save up to 252 lives. The event saw the active involvement of 46 student volunteers, fostering a strong sense of community service, teamwork, and social responsibility among participants. Additionally, the drive raised awareness about the importance of blood donation and educated attendees on its life-saving potential. Through this effort, the campus demonstrated its commitment to health and civic engagement, contributing positively to local healthcare needs while providing students with valuable organizational and collaborative experience.

#### 10. Geo-tagged Photograph



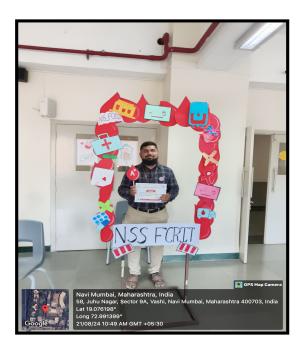
**Donors undergoing preliminary tests** 





# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

**Donors donating blood** 



## Picture of Donor with certificate



NMMC hospital staff and NSS FCRIT volunteers



# An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

:

#### 11. Sample Certificate



- John !



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

Staff Coordinator



#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### Report for Outreach Program

Name of the Institute level Committee: NSS

1. Name of the Event : Paper Bag making Event

2. Venue & Date : FCRIT, 11<sup>th</sup> Dec 2024 to 11<sup>th</sup> Jan 2025

3. Number of Student Volunteers : 19

4. Student Coordinator : Krishnaveni Dudigama

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Poster/Boucher:



#### 7. Brief Summary of Activity/Event

- **a. Objectives:** To promote sustainability and reduce plastic waste by encouraging the use of eco-friendly alternatives like paper bags. The event aims to foster creativity, environmental awareness, and community participation among volunteers while contributing to a cleaner and greener future.
- **b. Description:** This online event invites NSS volunteers to create a minimum of 15 paper bags using recycled materials such as newspapers. Volunteers must follow a provided tutorial and submit geo-tagged photos wearing their NSS t-shirts with their creations. The bags were collected on 13th January 2025.
- c. Outcomes: The event will result in the creation of hundreds of eco-friendly paper bags, reduced dependence on single-use plastics, and heightened



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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awareness of sustainable practices among participants. Volunteers will develop hands-on skills and a sense of responsibility for environmental conservation.

#### d. Attendance of Participants:



Agnel Charities' Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai



Name of Event/ Activity: Paper Bag Making Date: 11th Dec 2024 to 11th Jan 2025

Eventlead: Knishnaveni Dudigama

Attendance:

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e. Impact Analysis: The event will inspire a shift towards sustainable habits among participants and their communities. By replacing plastic bags with paper ones, it directly contributes to reducing plastic pollution. Additionally, the activity fosters teamwork, creativity, and environmental consciousness, creating a ripple effect of eco-friendly practices in society.



## Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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8. Geo-tagged Photograph



volunteer after making the paper bag

Rahul Jadhav

NSS Program Officer

**Staff Coordinator** 



## An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Blood Donation Drive

2. Venue & Date : FCRIT 13<sup>th</sup> February 2025

3. Number of Beneficiaries : 75

4. Number of Student Volunteers : 37

**5. Student Coordinator** : 1. Srushti Bhirud

2. Atharva Jadhav

3. Arnav Rade

4. Vidushi Bhardwaj

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency : Jaslok Hospital

8. Brochure/poster





#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

#### 9. Brief Summary of Activity/Event

- **a. Objectives:** Raise awareness about the importance of blood donation. Encourage students and staff to engage in social welfare initiatives. Support the local healthcare system by contributing to blood supply needs.
- **b. Description:** NSS FCRIT organized a blood donation drive during Etamax, providing students and staff an opportunity to contribute to a life-saving cause. Student volunteers played a crucial role in managing the event, ensuring seamless coordination and a positive donor experience.
- **c. Outcomes:** 75 units of blood collected, aiding those in need. 37 student volunteers gained hands-on experience in event management and community service. Increased awareness of the ongoing need for blood donations within the community.

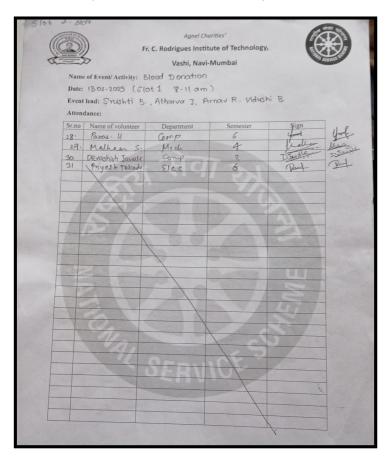
#### d. Attendance of Participants:

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	27	Shivam Pawar	GXTC	VI	Tamo	1



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(National Service Scheme)



#### e. Impact Analysis:

The Blood Donation Drive held on February 13, 2025, made a significant impact by collecting 75 units of blood, potentially saving up to 431 lives. The event saw the active participation of 37 student volunteers, fostering a strong sense of community service, teamwork, and social responsibility.

Beyond blood collection, the drive played a crucial role in raising awareness about the importance of donation and educating attendees on its life-saving potential. This initiative not only reinforced the campus's commitment to public health and civic engagement but also provided students with invaluable experience in organization and collaboration, contributing meaningfully to local healthcare needs.



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(National Service Scheme)

## 10. Geo-tagged Photograph



**Donors undergoing preliminary tests** 



**Donors donating blood** 



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(National Service Scheme)



Picture of Donor with certificate



Jaslok hospital staff and NSS FCRIT volunteers



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### 11. Sample Certificate

JASLOK HOSPITAL & RESEARCH CENTRE  15 Dr. G. Deshmukh Marg, Mumbai- 400026 Phone 6657 3434 / 54	
DEPARTMENT OF TRANSFUSION MEDICINE  CERTIFICATE  Donating blood is an act of Solidarity. Join the efforts & save lives	
This is to certify that Mr. / Mrs. /Ms. Om Memant KShirsagar  Has donated blood on 13   02   25 Donor No.: JHRC 25 C00 762  ABO RH  Your next donation falls due after 3 months. Thank you for donating blood.	
You have hereby saved 3 precious lives  BLOOD BANK OFFICER	

Rahul Jadhav

NSS Program Officer



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)



### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Book Jhola (Book Donation Drive)

2. Venue & Date : Fr C. Rodrigues Institute of Technology, Vashi

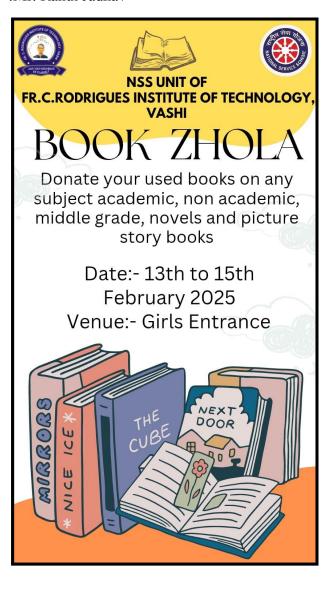
13-15<sup>th</sup> Feb 2025

3. Number of Student Volunteers : 13

4. Student Coordinator : Ruvina Alfred Vas

**5. Staff Coordinator** :Mr. Rahul Jadhav

6. Brochure





#### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### 7. Brief Summary of Activity/Event

- **a. Objectives:** The primary objective of the book donation drive was to encourage students and faculty to contribute books that could be donated to underprivileged communities, schools, or libraries in need. The initiative aimed to promote the habit of reading, support education for those who lack access to resources, and foster a sense of social responsibility among participants.
- **b. Description:** The book donation drive was organized as part of Etamax, our college's annual fest, and was conducted over three days, from February 13 to February 15. The event was set up in a designated area within the campus, with posters and announcements made to encourage participation. A collection booth was operated daily from 8:00 AM to 5:00 PM, with volunteers working in three shifts, each consisting of two volunteers per slot. This ensured that there was always someone available to receive books and engage with potential donors.
- c. Outcomes: Although the drive did not meet its initial expectations in terms of the number of books collected, it still managed to raise awareness about the importance of book donations and community engagement. The books that were received will be distributed to beneficiaries as planned. Additionally, the initiative provided valuable insights into student participation levels, interest in social causes, and potential areas for improvement in organizing similar events in the future.

### d. Attendance of Participants:

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### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

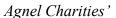
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e. Impact Analysis: Although the number of books collected was limited, the book donation drive had a meaningful impact in terms of awareness and volunteer engagement. The initiative highlighted the importance of book donations and encouraged discussions on how students can contribute to social causes. Volunteers gained valuable experience in organizing and promoting community service events, learning the challenges of outreach and engagement

Rahul Jadhav

John

NSS Program Officer





### An Autonomous Institute Permanently affiliated to University of Mumbai

### (National Service Scheme)

### Report for Outreach Program

Name of the Institute level Committee: NSS

1. Name of the Event : Health checkup camp

2. Venue & Date : 2<sup>nd</sup> Floor AX209,210 & 211

3. Number of Beneficiaries : 110

4. Number of Student Volunteers : 47

**5. Student Coordinator** : 1. Ivan Thomas

2. Sakib Khan

3. Karuna Chaugula

4. Nashrah Ansari

**6. Staff Coordinator** : Prof. Rahul Jadhav

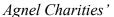
7. Collaborating Agency :

8. Brochure/poster



### 9. Brief Summary of Activity/Event:

**a. Objectives:** The objective of the Health Checkup Camp, organized as part of ETAMAX 2025 by NSS FCRIT, was to promote the well-being of the college community by offering free and accessible healthcare services. The camp aimed to



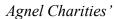


### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

encourage the importance of regular health screenings and proactive health management for early detection and prevention of health conditions.

- **b. Description:** The Health Checkup Camp was organized by NSS FCRIT volunteers in collaboration with experienced doctors and healthcare professionals. The event featured a wide array of free health checkups, including Eye Checkups, Dental Checkups, BMI Analysis, Gynecologist Consultation, Quantum Resonance Magnetic Health Analysis, Ayurvedic Consultations, and Skin & Hair Assessments. A nominal fee of Rs 30 was charged for the Sugar Test, which required fasting beforehand. Volunteers from NSS FCRIT played a pivotal role in managing registrations, guiding participants, promoting the event, and ensuring the overall success of the camp. The event was held in various college locations (AX-207, AX-209, AX-211) to provide convenient access to all students, faculty, and staff.
- **c. Outcomes:** The Health Checkup Camp saw active participation from the college community and successfully raised awareness about the importance of health checkups. It encouraged proactive healthcare habits and provided valuable screenings for early health issue detection. Additionally, the event strengthened community engagement and social responsibility among NSS FCRIT volunteers, helping them contribute meaningfully to the health and well-being of the college population.





### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### d. Attendance of participants:

Fr.C.RodriguesInstituteofTechnology,Vashi,Navi-Mumbai (AnAutonomousInstituteFermanently affiliated to University of Mumbai)						
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### An Autonomous Institute Permanently affiliated to University of Mumbai

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4.	Jasmine Fernandes	Comp	VI	Tamere
5.	Payal Bichare	Comp	14	(PB
6.	Sandra Rodniques	Comp	TV	Sandia
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**e. Impact Analysis:** The Health Checkup Camp had a significant impact by fostering a culture of proactive healthcare within the college community. It empowered students, faculty, and staff to prioritize their health through early detection and prevention, while also enhancing awareness about the importance of regular health checkups. The event further strengthened the sense of social responsibility among NSS volunteers, promoting active community involvement.

### 10. Geo tagged photos:



Students examine their teeth for health



# Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)



Blood test of a staff member

Rahul Jadhav

NSS Program Officer



### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Tobacco free India skit

2. Venue & Date : FCRIT, 13<sup>th</sup> February 2025

3. Number of Student Volunteers : 10

4. Student Coordinator : Anushka Chauke

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brochure/poster :





### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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(National Service Scheme)

### 7. Brief Summary of Activity/Event :

### a. Objectives:

- 1. To spread awareness about the harmful effects of tobacco consumption.
- 2. To educate the audience on how tobacco addiction affects individuals, families, and society.
- 3. To inspire people to take a stand against tobacco and encourage a healthier, smoke-free lifestyle.

### b. Description:

On 13th February 2025, the National Service Scheme (NSS) organized a thought provoking skit to highlight the dangers of tobacco use and its severe impact on health. The skit was performed by a group of passionate NSS volunteers who portrayed real-life scenarios of how tobacco addiction ruins lives. The storyline followed the journey of a young student who, under peer pressure, starts using tobacco. Over time, he faces deteriorating health, strained relationships, and emotional turmoil. The performance ended with a powerful message on quitting tobacco and choosing a healthier lifestyle, urging the audience to pledge against tobacco use. The engaging dialogues, expressive acting, and emotional depth of the skit captivated the audience, leaving them with a strong sense of responsibility toward promoting a tobacco-free society.

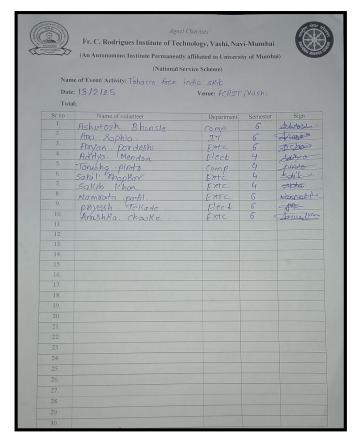
#### c. Outcomes:

- 1. The skit created a strong impact by visually demonstrating the harmful effects of tobacco, making the message more relatable and memorable.
- 2. Several students and faculty members appreciated the initiative, emphasizing the need for more such awareness programs.
- 3. The event reinforced the role of NSS in social responsibility, inspiring more volunteers to take part in health awareness campaigns.



# An Autonomous Institute Permanently affiliated to University of Mumbai (National Service Scheme)

d. Attendance of Participants:



e. Impact Analysis: The Tobacco-Free India skit by NSS FCRIT volunteers raised awareness among students about the harmful effects of tobacco consumption. It encouraged them to make informed, healthy lifestyle choices and reject tobacco use. The interactive performance strengthened their understanding of public health issues and the importance of prevention. Students were inspired to advocate for a tobacco-free society and spread awareness in their communities.



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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8. Geo-tagged Photograph



Volunteers spreading awareness regarding harmful effect of drugs through impactful skit

- Jahrel

Rahul Jadhav

NSS Program Officer



### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Rangoli Competition

2. Venue & Date : FCRIT, 13<sup>th</sup> February 2025

3. Number of Beneficiaries : 10

4. Number of Student Volunteers : 2

5. Student Coordinator :Anamika lakhera

**6. Staff Coordinator** :Prof. Rahul Jadhav

7. Brochure/poster



:

### 8. Brief Summary of Activity/Event

- a. Objectives: The main objective of the Rangoli Competition at FCRIT was to creatively raise awareness about crucial social issues through the art of rangoli. With themes such as Road Safety, AIDS Awareness, and a Plastic-Free Environment, the event aimed to inspire meaningful conversations and encourage responsible civic behavior. It provided participants with a platform to express their creativity while spreading impactful messages that promote safety, health, and environmental sustainability.
- b. Description: The Rangoli Competition at FCRIT showcased artistic talent while raising awareness on Road Safety, AIDS Awareness, and a Plastic-Free Environment. Participants created vibrant rangoli designs to convey meaningful



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(National Service Scheme)

social messages. The event fostered creativity, teamwork, and social responsibility. Winners received cash prizes and certificates, while all participants were awarded e-certificates. It was a visually impactful and engaging initiative that combined art with awareness, leaving a lasting impression on the audience.

- c. Outcomes: The Rangoli Competition at FCRIT successfully raised awareness on Road Safety, AIDS Awareness, and a Plastic-Free Environment through artistic expression. Participants showcased their creativity while conveying meaningful social messages, fostering a sense of community and teamwork. The event not only encouraged artistic talent but also promoted social responsibility and conscious citizenship. Winners were recognized with cash prizes and certificates, while all participants received e-certificates, motivating them to engage in future initiatives. Overall, the competition served as a powerful platform for combining art with advocacy, leaving a lasting impact on both participants and the audience.
- d. Impact Analysis: The Rangoli Competition at FCRIT had a meaningful impact by blending creativity with social awareness. It effectively highlighted key issues like Road Safety, AIDS Awareness, and a Plastic-Free Environment, encouraging informed thinking and positive behavioral changes. The event fostered community engagement, teamwork, and artistic expression, demonstrating how creativity can be a powerful tool for advocacy. Participants were recognized with cash prizes, certificates, and e-certificates, motivating future involvement in similar initiatives. Beyond its visual appeal, the competition instilled lasting values of social responsibility and environmental consciousness, leaving a positive and enduring influence on the participants and audience.



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

9. Geo-tagged Photograph



Participants making rangoli

Rahul Jadhav

John

NSS Program Officer



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Poster Making Competition

2. Venue & Date : Fr. C. Rodrigues Institute of Technology, Vashi

14/02/2025

3. Number of Beneficiaries : 13

4. Number of Student Volunteers : 2

**5. Student Coordinator** : Ratika Nadar

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brochure/poster



### 8. Brief Summary of Activity/Event

**a. Objectives:** The objective of the poster-making competition organized by NSS FCRIT was to encourage creative expression while raising awareness on critical social issues. It aimed to educate participants and the community about the importance of a plastic-free environment, AIDS awareness, and road safety. The event provided a platform for students to showcase their artistic skills and convey meaningful messages. It sought to foster social responsibility and inspire positive change through visual storytelling.



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- **b. Description:** The 2-hour poster-making competition was organized with the goal of encouraging students to engage with social issues creatively. Participants were asked to design posters around three specific themes: road safety, a plastic-free environment, and AIDS awareness. The event aimed to combine the power of art with education, allowing students to address important topics through their designs. The competition also served as a platform for students to hone their artistic skills while being informed about critical social issues. The posters were judged based on their creativity, relevance to the theme, and the overall impact of the message conveyed.
- c. Outcomes: The poster-making competition organized by NSS FCRIT successfully raised awareness on plastic-free environments, AIDS awareness, and road safety. Participants creatively expressed their ideas, spreading important social messages through visually impactful posters. The event fostered a sense of social responsibility and encouraged students to advocate for positive change. Outstanding posters were recognized and rewarded, motivating students to engage in future awareness initiatives.
- e. Impact Analysis: The poster-making competition had a significant impact on students by enhancing their awareness of plastic-free environments, AIDS prevention, and road safety. It encouraged critical thinking and creative expression while addressing real-world social issues. Students developed a deeper understanding of their role in promoting social change and responsible behavior. The event fostered teamwork, creativity, and communication skills through artistic advocacy.

9. Geo-tagged Photograph



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

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FCRIT students Creativity in action spreading awareness through art

Rahul Jadhav

John

NSS Program Officer



### Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai

### An Autonomous Institute Permanently affiliated to University of Mumbai

(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Prabhavdevi Beach Cleanup

**2. Venue & Date** : Prabhadevi, 08/03/2025

3. Number of Student Volunteers : 19

4. Student Coordinator : Sandra Rodrigues

Aadit lele

**5. Staff Coordinator** : Prof. Rahul Jadhav

**6.** Collaborating Agency : Beach warriors

7. Brief Summary of Activity/Event

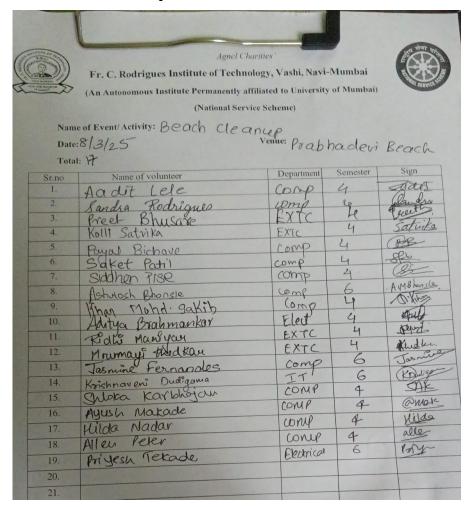
- **a. Objectives:** NSS FCRIT aims to conduct a cleanliness drive at Prabhadevi Beach, focusing on removing plastic and other non-biodegradable waste to restore the beach's natural beauty. The drive will also emphasize raising awareness about marine pollution and the importance of effective waste management practices. Through this initiative, we seek to encourage community participation in environmental conservation and inspire individuals to take responsibility for maintaining cleaner surroundings. Volunteers will promote proper waste segregation and disposal methods to reduce pollution and protect marine life. Ensuring the safety of all participants is a priority, and volunteers will be provided with protective gear such as gloves and masks to safeguard their health during the clean-up.
- **b. Description:** A beach cleanup drive was organized on March 8, 2025, at Prabhadevi Beach, Mumbai, under the guidance of Prof. Rahul Jadhav in collaboration with Beach Warriors. A total of 19 volunteers participated in collecting and segregating waste, ensuring it was stored properly for disposal. The initiative focused on removing plastic and non-biodegradable waste, enhancing waste management awareness, and promoting environmental sustainability.
- c. Outcomes: The Prabhadevi Beach cleanliness drive was a successful initiative that led to the significant removal and proper disposal of plastic and other non-biodegradable waste. Through this effort, volunteers gained valuable insights into pollution, responsible waste management, and the impact of human activities on marine



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ecosystems. The event also fostered community engagement by inspiring local residents to participate in future clean-up activities and take an active role in preserving the environment. By reducing pollution, the drive contributed to improving coastal and marine health, creating a cleaner and safer habitat for marine life. Additionally, the initiative encouraged sustainable habits among participants, promoting long-term environmental responsibility.

### d. Attendance of Participants:



e. Impact Analysis: The Prabhadevi Beach cleanup had a significant environmental impact by directly contributing to a cleaner coastline, reducing pollution levels, and helping protect marine biodiversity. This initiative not only improved the beach's condition but also safeguarded the marine ecosystem from the harmful effects of



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plastic and non-biodegradable waste. Socially, the event promoted environmental responsibility among volunteers and the local community, encouraging the adoption of sustainable habits and fostering a sense of collective action. The long-term influence of the cleanup extends beyond the event itself, as volunteers gained valuable knowledge about waste management and its importance.

### 8. Geo-tagged Photograph



NSS FCRIT Volunteers unite together after successful cleanup



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NSS FCRIT volunteers cleaning beach

Rahul Jadhav

John

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Women's Marathon Volunteering

**2. Venue & Date** :Khanda Colony, 09/03/2025

3. Number of Beneficiaries : 54

4. Number of Student Volunteers : 24

**5. Student Coordinator** :Parth Bole, Saket Patil, Aryan Pardeshi

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Collaborating Agency :Rotary Club, Panvel

8. Brief Summary of Activity/Event :

- a. Objectives: The primary objective of volunteering for the Women's Marathon under NSS is to promote women's empowerment by encouraging their participation in sports and fitness activities. Volunteers play a crucial role in ensuring the safety and security of participants by assisting in crowd management, first aid, and emergency response. Additionally, the event serves as a platform to spread awareness about women's health, fitness, and rights, fostering a sense of confidence and inclusivity. NSS volunteers contribute to the smooth organization of the marathon by supporting logistics such as registration, hydration points, route guidance, and medal distribution.
- b. Description: The NSS unit actively participated in the Women's Marathon held at Khanda Colony, an event aimed at promoting women's empowerment, health, and fitness. The marathon saw enthusiastic participation from women of various age groups, coming together to celebrate strength, resilience, and equality. NSS volunteers played a crucial role in ensuring the smooth execution of the event by managing hydration points, guiding participants along the route, assisting in crowd control, and providing first aid and emergency support when needed. Additionally, the volunteers provided pilot vehicles to track the first three winners, ensuring accurate monitoring and coordination during the race. Their efforts contributed to maintaining discipline and ensuring the safety of all



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participants. The event successfully fostered a spirit of unity and encouragement among the runners and the community, highlighting the importance of physical fitness and women's active participation in sports.

c. Outcomes: The Women's Marathon at Khanda Colony successfully promoted the spirit of women's empowerment, health, and fitness. The event encouraged greater participation of women in sports, fostering confidence and resilience among the runners. NSS volunteers played a crucial role in maintaining discipline, providing essential support, and ensuring the smooth execution of the marathon. Their efforts in managing hydration points, guiding participants, and tracking the first three winners through pilot vehicles contributed to the event's overall efficiency. Additionally, the marathon helped in raising awareness about the importance of physical fitness and community involvement in supporting women's sports activities. The event strengthened the sense of teamwork, leadership, and social responsibility among NSS volunteers, enhancing their organizational and management skills.

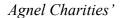
d. Attendance of Participants:



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e. Impact Analysis: The Women's Marathon at Khanda Colony had a significant impact on both the participants and the community. The event successfully promoted women's empowerment by encouraging female participation in sports and physical activities, helping to break societal barriers and inspire confidence. The marathon also raised awareness about health and fitness, motivating women to adopt an active lifestyle. From a volunteer perspective, NSS members gained hands-on experience in event management, teamwork, and leadership. Their role in guiding participants, managing hydration points, ensuring safety, and providing pilot vehicles for tracking the winners enhanced their problem-solving and coordination skills. The event also strengthened community engagement, as





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local residents and organizations came together to support and encourage the participants.

9 Geo-tagged Photograph



Group photo after successful event

10. Sample Certificate

:



Rahul Jadhav NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Disaster Management workshop

2. Venue & Date : FCRIT, Seminar Hall AX-216, 15/02/2025

3. Number of Beneficiaries : 73

4. Number of Student Volunteers : 15

**5. Student Coordinator** : Anamika Lakhera

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brochure/poster



:

### 8. Brief Summary of Activity/Event

- a. Objectives: The Disaster Management Workshop was organized to equip students with essential knowledge and practical skills to respond effectively in emergency situations. The session aimed to enhance their understanding of disaster preparedness, risk reduction, and emergency response techniques. Through interactive demonstrations, including various lifts and stretcher-making methods, students learned critical life-saving skills that can be applied in real-life scenarios. The workshop fostered awareness, resilience, and confidence, enabling students to act responsibly and efficiently during crises.
- **Description:** The Disaster Management Workshop was an engaging and informative session designed to educate students about emergency preparedness and response. The session covered key aspects of disaster management, including risk assessment, rescue techniques, and first aid procedures.



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Students as well as non-teaching staff actively participated in hands on demonstrations of various lifts and stretcher-making techniques, learning essential skills to assist in emergency situations. The interactive approach ensured that participants gained practical knowledge and confidence in handling real-life crises.

The workshop was a valuable learning experience, fostering awareness, teamwork, and resilience among students. Their enthusiasm and participation made the session both impactful and successful.

c. Outcomes: The Disaster Management Workshop successfully equipped students with essential life-saving skills and emergency preparedness. Through interactive demonstrations, they learned various lifts and stretcher-making techniques, enhancing their ability to respond effectively in crisis situations. The session boosted their confidence, teamwork, and decision-making skills, fostering a sense of responsibility and resilience. Overall, the workshop provided valuable hands-on experience, ensuring students are better prepared to handle emergencies efficiently.

### d. Attendance of Participants:

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e. Impact Analysis: The Disaster Management Workshop significantly enhanced



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students' awareness, skills, and confidence in handling emergencies. Through hands-on training in lifts and stretcher-making, they developed essential rescue techniques, teamwork, and leadership abilities. The session fostered a proactive approach to disaster preparedness, equipping students with lifelong skills to respond effectively in crises and contribute to community safety.

### 9. Geo-tagged Photograph



Volunteers teaching to make stretcher with the help of bamboos and a blanket

Rahul Jadhav

total

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Odisha Cuisine making

2. Venue & Date : Online mode, 15/12/24-31/12/24,

3. Number of Beneficiaries : 15

4. Number of Student Volunteers : 10

5. Student Coordinator : Vaidehi Sankaye

**6. Staff Coordinator** : Prof.Rahul Jadhav

7. Brief Summary of Activity/Event

- **a. Objectives:** The Odisha Cuisine event was organized to promote the rich culinary heritage of Odisha by encouraging students to prepare traditional Odia dishes at home. The program aimed to enhance cultural awareness and appreciation for regional cuisine among students. By preparing and sharing Odia dishes, students explored the unique flavors, ingredients, and cooking techniques of Odisha. The event sought to foster a sense of cultural pride and encourage the preservation and promotion of Odisha's rich food traditions.
- b. Description: The Odisha Cuisine event was conducted to celebrate and promote the rich culinary heritage of Odisha. As part of the event, student volunteers prepared traditional Odia dishes at home, exploring the diverse flavors, ingredients, and cooking techniques unique to Odisha. The event provided an opportunity for students to understand the cultural significance of Odia cuisine and its connection to the state's history and traditions. Through sharing and discussing their culinary experiences, students gained a deeper appreciation for regional diversity and the importance of preserving traditional food practices. The event successfully highlighted the richness and variety of Odisha's food culture.
- c. Outcomes: The Odisha Cuisine event successfully increased students' awareness and appreciation of Odisha's rich culinary heritage. Students gained hands-on experience in preparing traditional Odia dishes, enhancing their understanding of regional ingredients and cooking techniques. The event fostered a sense of cultural pride and encouraged participants to explore and preserve traditional food practices. It also promoted cultural exchange, as students shared their culinary creations and experiences with others, strengthening their connection to Odisha's diverse food culture.



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- d. Impact Analysis: The Odisha Cuisine event had a significant impact on promoting cultural awareness and preserving traditional food practices among students. By preparing and sharing Odia dishes, students developed a deeper connection to Odisha's culinary heritage and gained valuable insights into the region's diverse flavors and cooking techniques. The event encouraged students to take pride in regional diversity and fostered a sense of cultural identity. It also promoted social bonding and cultural exchange as students discussed their culinary experiences with peers and family members.
- 8. Geo-tagged Photograph



**NSS FCRIT volunteers making Orissa cuisine** 

Rahul Jadhav

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Khao healthy, raho fit.

2. Venue & Date : online mode, 15/12/24-31/12/24

3. Number of Beneficiaries : 28

4. Number of Student Volunteers : 19

**5. Student Coordinator** : Parth Bole

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Activity/Event

- **a. Objectives:** The Khao Healthy, Raho Fit event was organized to promote the importance of healthy eating and balanced nutrition among students. The program aimed to encourage students to prepare healthy meals at home, helping them understand the nutritional value of different ingredients and the benefits of a balanced diet. By engaging in meal preparation, students learned about portion control, nutrient-rich foods, and the importance of maintaining a healthy lifestyle. The event sought to instill long term healthy eating habits and raise awareness about the connection between diet and overall well-being.
- b. Description: The Khao Healthy, Raho Fit event was conducted to promote healthy eating habits and raise awareness about the importance of balanced nutrition. As part of the event, NSS student volunteers prepared healthy meals at home, focusing on incorporating nutrient-rich ingredients and maintaining a balanced diet. The event highlighted the benefits of consuming fresh fruits, vegetables, whole grains, and proteins while reducing processed and unhealthy foods. Through hands-on meal preparation, students gained practical knowledge about portion control, meal planning, and the nutritional value of different foods. The event aimed to encourage students to adopt a healthier lifestyle and make informed dietary choices for long-term well-being.
- c. Outcomes: The Khao Healthy, Raho Fit event successfully increased students' awareness of the importance of a balanced diet and healthy eating habits. Students gained practical experience in preparing nutritious meals and learned about the benefits of consuming wholesome, nutrient-rich foods. The event encouraged students to reduce the intake of processed and unhealthy foods, promoting a shift toward healthier lifestyle choices. Participants reported feeling more confident in meal planning and understanding the nutritional value of different ingredients.

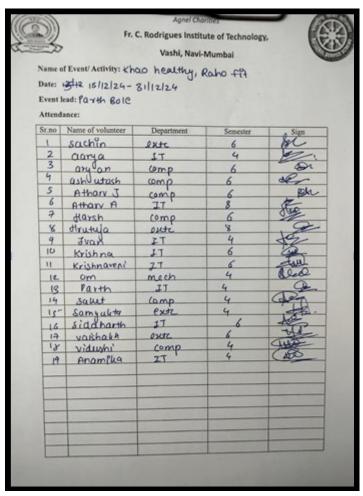


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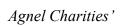
(National Service Scheme)

d.

### **Attendance of Participants:**



e. Impact Analysis: The Khao Healthy, Raho Fit event had a significant impact on promoting healthier eating habits and nutritional awareness among students. By preparing healthy meals at home, students developed a better understanding of balanced nutrition and the importance of including wholesome ingredients in their diet. The event encouraged students to make conscious food choices, leading to a reduction in the consumption of processed and unhealthy foods. It also inspired students to educate their families and peers about the benefits of a balanced diet, creating a ripple effect of healthier lifestyle practices.





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### 8. Geo-tagged Photograph



Healthy food made by the volunteers

Rahul Jadhav

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : 30 days waste management

2. Venue & Date : 10/12/24-6/1/25, online mode

4. Number of Student Volunteers : 13

**5. Student Coordinator** : Juhi Fernandes

**6. Staff Coordinator** : Prof. Rahul Jadhav

9. Brief Summary of Activity/Event :

- a. Objectives: The 30 Days Waste Management event was organized to educate students on the importance of proper waste segregation and sustainable waste management practices. The program aimed to develop responsible waste disposal habits by encouraging students to separate wet, dry, and plastic waste at home. Through consistent practice over 30 days, students gained a deeper understanding of waste reduction, recycling, and environmental conservation. The event sought to instill a sense of environmental responsibility and empower students to contribute to a cleaner and healthier community.
- b. Description: The 30 Days Waste Management event was conducted to promote sustainable waste management practices among students. Over a period of 30 days, students were encouraged to separate wet, dry, and plastic waste in their households. The program aimed to educate students on the environmental impact of improper waste disposal and the benefits of recycling and composting. Through hands-on practice, students learned the correct methods of waste segregation and disposal, contributing to reducing landfill waste and promoting a cleaner environment. The event emphasized the importance of responsible waste management in protecting natural resources and maintaining ecological balance.
- c. Outcomes: The 30 Days Waste Management event successfully enhanced students' understanding of proper waste segregation and disposal. Students developed consistent habits of separating wet, dry, and plastic waste at home, leading to a more organized and eco-friendly waste management process. The event increased awareness about the benefits of recycling and composting, encouraging students to adopt sustainable practices in their daily lives. As a result, participants reported a noticeable reduction in household waste and a greater sense of environmental responsibility. The event fostered a positive mindset toward waste management and motivated students to promote similar



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practices within their communities.

### d. Attendance of Participants:



e. Impact Analysis: The 30 Days Waste Management event had a significant impact on promoting sustainable waste management practices among students. By consistently separating wet, dry, and plastic waste, students developed long-term habits that contributed to reducing household waste and improving recycling efficiency. The event heightened awareness about the environmental impact of improper waste disposal and encouraged students to adopt eco-friendly practices such as composting and reducing plastic use. It also inspired students to influence their families and communities, spreading awareness about responsible waste management.



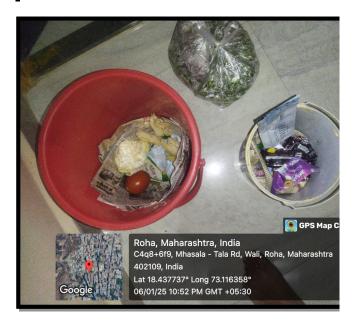
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10. Geo-tagged Photograph

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Wet waste, dry waste and plastic waste separated by the volunteers

Rahul Jadhav

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : World AIDS day awareness

2. Venue & Date : 1/12/2024, FCRIT vashi

3. Number of Beneficiaries : 24

4. Number of Student Volunteers : 17

5. Student Coordinator : Sharvari Kulkarni & Rohan Suryavanshi

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brief Summary of Activity/Event

- a. Objectives: The World AIDS Awareness Day event was organized to educate students about HIV/AIDS and promote awareness about its prevention and management. The session aimed to enhance students' understanding of the causes, transmission, and misconceptions surrounding HIV/AIDS. NSS volunteers conducted informative sessions, highlighting the importance of early detection, safe practices, and the need to eliminate stigma associated with the disease. Through interactive discussions and awareness campaigns, students gained valuable knowledge about protecting themselves and supporting affected individuals. The event fostered awareness, empathy, and responsibility, encouraging students to contribute to a more informed and compassionate society.
- b. Description: The World AIDS Awareness Day event was conducted to raise awareness about HIV/AIDS and educate students on its prevention and management. Organized under the National Service Scheme (NSS), the event focused on dispelling myths and misconceptions related to HIV/AIDS while promoting accurate information about its causes and transmission. NSS volunteers explained the importance of early detection, safe practices, and available treatments through engaging presentations and interactive discussions. The session emphasized the need to eliminate stigma and discrimination faced by individuals living with HIV/AIDS. The event aimed to empower students with the knowledge and sensitivity to support affected individuals and contribute

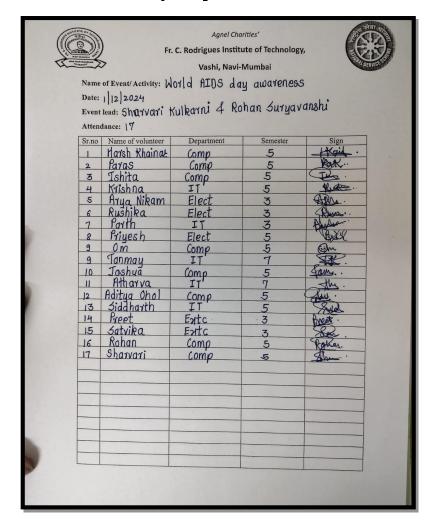


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to creating a more informed and accepting society.

c. Outcomes: The World AIDS Awareness Day event successfully enhanced students' understanding of HIV/AIDS, its causes, transmission, and prevention. NSS volunteers effectively dispelled common myths and misconceptions, fostering a more informed perspective among participants. The event increased awareness about the importance of early detection, safe practices, and the availability of treatment options. It also promoted empathy and encouraged students to support individuals living with HIV/AIDS, contributing to reducing social stigma and discrimination.

### d. Attendance of Participants:



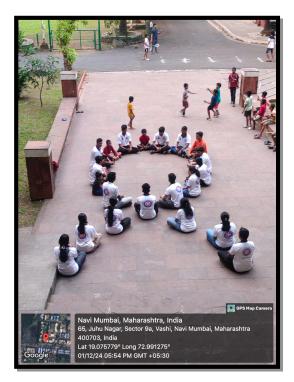
e. Impact Analysis: The World AIDS Awareness Day event had a significant impact on increasing awareness and understanding about HIV/AIDS among



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students. It helped clarify misconceptions and provided accurate information about the causes, transmission, and prevention of HIV/AIDS. NSS volunteers effectively communicated the importance of early detection and safe practices, encouraging students to adopt responsible behaviors. The event also fostered empathy and a supportive attitude towards individuals living with HIV/AIDS, helping to reduce social stigma and discrimination. Participants reported a heightened sense of social responsibility and a willingness to advocate for awareness and support within their communities.

### 8. Geo-tagged Photograph



Volunteers explaining about AIDS to the students

Rahul Jadhav

John

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Voting awareness drive at local area

2. Venue & Date : Local area, 11 November 2024

3. Number of Beneficiaries : 29

4. Number of Student Volunteers : 13

5. Student Coordinator : Abhishek Chavan

**6. Staff Coordinator** : Prof. Rahul Jadhav

7. Brochure/ Poster :



#### 8. Brief Summary of Activity/Event

a. Objectives: The Voting Awareness Drive was organized to educate and motivate local residents about the importance of voting and active participation in the democratic process. The session aimed to increase awareness about the significance of every vote in shaping the future of the nation. NSS volunteers distributed informative posters highlighting the value of voting, the electoral process, and the impact of voter turnout on governance and policymaking. Through direct interaction and informative materials, the drive encouraged responsible citizenship and aimed to increase voter participation in upcoming elections. The event fostered a sense of civic duty and empowerment among the local community.



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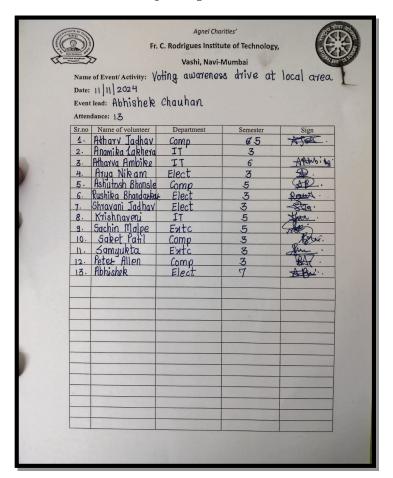
- b. Description: The Voting Awareness Drive was conducted to promote the importance of voting and encourage active participation in the democratic process among local residents. Organized by NSS volunteers, the drive focused on educating people about the value of every vote and how it influences governance and policymaking. Volunteers distributed informative posters and engaged in direct conversations with residents to explain the voting process, eligibility criteria, and the impact of voter turnout on societal development. The session also addressed common misconceptions about voting and highlighted the role of informed decision-making in strengthening democracy. The event aimed to instill a sense of civic responsibility and motivate people to participate actively in the electoral process.
- c. Outcomes: The Voting Awareness Drive successfully increased awareness about the importance of voting and active participation in the democratic process among local residents. NSS volunteers effectively communicated the significance of each vote in shaping governance and influencing policymaking. The drive led to a positive response from the community, with many residents expressing a greater understanding of the voting process and a renewed commitment to participate in future elections. The event fostered a sense of civic duty and empowerment, encouraging residents to make informed decisions and contribute to strengthening democratic values.



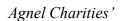
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d. Attendance of Participants:



e. Impact Analysis: The Voting Awareness Drive had a significant impact on increasing civic awareness and promoting active participation in the democratic process among local residents. It successfully clarified misconceptions about voting and highlighted the importance of each vote in shaping governance and policy decisions. The direct engagement by NSS volunteers helped build trust and encouraged open discussions about the electoral process. Residents reported a stronger sense of responsibility towards voting and expressed a greater willingness to participate in future elections. The drive also promoted a culture of informed decision-making and active citizenship, contributing to the overall strengthening of democratic values in the community.





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9. Geo-tagged Photograph :



Volunteers distributing posters on importance of voting and explaining them that "Every vote counts"

Rahul Jadhav

John

NSS Program Officer



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(National Service Scheme)

### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1. Name of the Event : Pledge on har ghar Tiranga

2. Venue & Date : FCRIT, 14<sup>th</sup> August 2024

3. Number of Student Volunteers : 50

4. Student Coordinator : Surabhi Kulkarni

**5. Staff Coordinator** : Prof. Rahul Jadhav

6. Brief Summary of Activity/Event :

- a. Objectives: The Pledge on Har Ghar Tiranga event was organized to instill a sense of patriotism and unity among students. The session aimed to reinforce the importance of national pride and responsibility through the Indian National Pledge. NSS volunteers actively participated in the event, taking the pledge with sincerity and commitment to uphold the values of the nation. The event highlighted the significance of unity, integrity, and respect for the country. By participating in this pledge, students were inspired to contribute positively to society and uphold the principles of justice, equality, and fraternity in their daily lives.
- **b. Description:** The Pledge on Har Ghar Tiranga event was conducted to promote a sense of national pride and unity among students. Organized under the National Service Scheme (NSS), the event focused on encouraging students to honor the Indian national flag and the values it represents. NSS volunteers gathered to take the Indian National Pledge, reaffirming their commitment to uphold the principles of justice, equality, and fraternity. The event aimed to instill a deep sense of responsibility and patriotism, motivating students to contribute positively to the nation's development. Through this collective act, the event fostered a spirit of unity and strengthened the bond of national integrity among participants.
- **c. Outcomes:** The Pledge on Har Ghar Tiranga event successfully instilled a sense of patriotism and unity among the participants. NSS volunteers demonstrated a strong commitment to upholding the values of the Indian



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Constitution through the solemn recitation of the Indian National Pledge. The event fostered a deeper understanding of national integrity and responsibility, encouraging students to contribute positively to society. It strengthened the spirit of unity and motivated participants to uphold the principles of justice, equality, and fraternity in their daily lives.

### d. Attendance of Participants:

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e. Impact Analysis: The Pledge on Har Ghar Tiranga event had a profound impact on the participants, fostering a heightened sense of patriotism and national pride. By taking the Indian National Pledge, NSS volunteers developed a stronger connection to the values of justice, equality, and fraternity outlined in the Constitution. The event promoted a sense of collective responsibility and unity, encouraging students to contribute actively towards social harmony and national development. Participants reported increased awareness about the significance of the national flag and the importance of respecting national symbols. The event also enhanced their sense of duty towards the country,



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motivating them to engage in civic responsibilities and community service.

7. Geo-tagged Photograph



Volunteers taking pledge on Har Ghar Tiranga

Rahul Jadhav

John

NSS Program Officer



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### **Report for Outreach Program**

Name of the Institute level Committee: NSS

1.	Name o	of the Event	: Beach Cleanup		
2.	Venue	& Date	: Prabhadevi Beach, 22 <sup>nd</sup> March 2025.		
3.	No. of beneficiaries		: 29		
3.	Number of Student Volunteers		:7		
4.	Student Coordinator		: Aadit Lele		
5.	Staff Coordinator		: Prof. Rahul Jadhav		
6.	Collaborating Agency		: Beach Warriors		
7.	Brochu	ire	#Legrandimprovingtives    Beach Warriors		
8.	Brief S	ummary of Activity/Event	:		
	a.		beach cleanup is to remove litter and plastic waste to		
		protect marine life, maintain ecological balance, and preserve the natural beauty of the shoreline. It raises public awareness about pollution, encourages community			
	,		ainable practices for a cleaner environment.		
	b.	-	p drive was organized at Prabhadevi Beach in		
	collaboration with Beach warriors to remove plastic and non-biode		•		
		•	cted both dry and wet waste, carefully segregating it		
		into degradable and non-degrad	able categories. The collected waste was then stored		



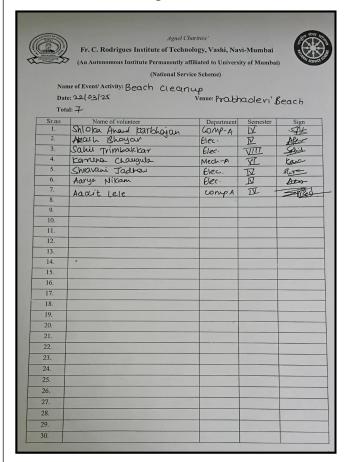
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in jute sacks for proper disposal. To ensure safety, we used protective equipment
such as gloves and masks throughout the drive.

**Outcomes:** The Prabhadevi Beach cleanup resulted in the removal of a significant amount of plastic waste, debris, and non-biodegradable materials, improving the cleanliness of the shoreline. It raised awareness about marine pollution among volunteers and the local community, encouraging responsible waste disposal and sustainable practices. The initiative also fostered community engagement, inspiring more people to take action for environmental conservation.

### d. Attendance of Participants:



e. Impact Analysis: The Prabhadevi Beach cleanup had a significant environmental and social impact by removing plastic waste and debris, improving the shoreline's health, and preventing marine pollution. It raised awareness among volunteers and locals about responsible waste management, fostering long-term sustainable habits. The initiative also created a cleaner and safer environment for beachgoers while inspiring community-driven conservation efforts and future cleanup drives.



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9.	Geo-tagged Photograph	Mumbai, Maharashtra, India A-7, Jalada, Rbi Colony, Prabhadevi, Mumbai, Maharashtra 400025, India Lat 19.018335° Long 72.825432° 22/03/2025 09:44 AM GMT +05:30  Waste Collection after successful Beach Cleanup

Rahul Jadhav

NSS Program Officer